

Jessica Denise (*Hallman*) Holton, MSW, LCSW, LCAS

740 Greenville Blvd SE
Suite 400-208
Greenville, NC 27858
252-987-3039

provider@jessicaholton.com
<http://www.jessicaholton.com>

EDUCATION

Master of Social Work **East Carolina University**

August 2001 – May 2003
Greenville, NC

- Mental Health Specialization (*Direct Practice*)
- Social Work Practice with Deaf and Hard of Hearing Sub-specialization & Certification
- Substance Use Disorder Treatment Sub-specialization & Certification Program
- Research Emphasis

Bachelor of Science in Family Studies & Human Development **University of Arizona**

August 1998 – December 2000
Tucson, AZ

- Dean's Honor List Spring 2000

Associates of Arts in Liberal Arts and Sciences **Pima Community College**

August 1996 – May 2000
Tucson, AZ

- Dean's Honor List (all semesters)
 - American Sign Language as Second Language

General Studies **Northland Pioneer College**

January 1994 – May 1996
Winslow, AZ

PUBLICATIONS

Professional Continuing Education Curriculum: Published

Holton, J. (2017). Understanding the neuroscience of addiction to provide effective treatment. *PDH Academy Social Work Courses*. Six-hour Course #9641.

Professional Newsletter Articles: Published

Holton, J. (2020). President's Statement on Social Justice. *Addiction Professionals of North Carolina*. June 10, 2020 Newsletter.

Holton, J. (2017). Liabilities of clinical supervision: direct, indirect and strict. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Spring/Summer Issue.

Holton, J. (2016). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Spring/Summer Issue.

Holton, J. (2015). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Fall/Winter Issue.

Holton, J. (2015). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Summer Issue.

Holton, J. (2014). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Spring/Summer Issue.

- Holton, J. (2014). From the president: "...Humility, clarity and courage." *The North Carolina Social Worker Newsletter*. XXXVIII-2, 2.
- Holton, J. (2014). From the president: Valuing & respecting our social work profession. *The North Carolina Social Worker Newsletter*. XXXVIII-1, 2.
- Holton, J. (2013). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Winter Issue.
- Holton, J. (2013). Eating: A source of nutrition or a means of control. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Winter Issue.
- Holton, J. (2013). From the president: We cannot give away what we do not have. *The North Carolina Social Worker Newsletter*. XXXVII-4, 2.
- Holton, J. (2013). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Fall Issue.
- Holton, J. (2013). From the president: Your NASW-NC board of directors' journey to social work. *The North Carolina Social Worker Newsletter*. XXXVII-3, 2.
- Holton, J. (2013). From the president: Political social work. *The North Carolina Social Worker Newsletter*. XXXVII-2, 2.
- Holton, J. (2013). From the president: Critical thinking skills and social work integrity. *The North Carolina Social Worker Newsletter*. XXXVII-1, 2.
- Holton, J. (2013). From the president: Give an hour and project odyssey. *The North Carolina Social Worker Newsletter*. XXXVI-6, 2.
- Holton, J. (2012). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Fall Issue.
- Holton, J. (2012). From the president: What do you do? *The North Carolina Social Worker Newsletter*. XXXVI-5, 2.
- Holton, J. (2012). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Summer Issue.
- Holton, J. (2012). From the president: Continuing the journey. *The North Carolina Social Worker Newsletter*. XXXVI-4, 2.
- Holton, J. (2011). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. 1, 1.
- Holton, J. (2010). Becoming a licensed clinical addictions specialist (LCAS) in North Carolina. *The North Carolina Social Worker Newsletter*. XXXIII-5, 1, 10.
- Holton, J. (2010). NASW-NC: Get involved. *The North Carolina Social Worker Newsletter*. XXXIII-5, 6.
- Holton, J. (2010). Grief and loss: Numbing the pain through substance use. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. 1, 4-5.
- Holton, J. (2009). Deafness: Understanding the basics in order to provide effective treatment. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. 2, 7-10.
- Holton, J. (2009). Deafness: Understanding the basics in order to provide effective treatment. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. 1, _-_.

Magazine Articles: Published

Holton, J. (2009). Eating: A source of nutrition or a means of control? *Eastern Carolina Parent: Where families find fun*, pp. 20-21.

Public Speaking & Presentation Abstracts: Submitted

Holton, J. (October, 2005, Submitted). Communication barriers & addictions: Understanding negative and positive coping skills. 21st International Convention for Self-Help for Hard of Hearing of Hearing People (SHHH).

Holton, J. (May, 2005, Submitted). Deaf substance abusers: Understanding deaf culture in order to provide effective treatment. North Carolina Foundation for Alcohol and Drug Studies Winter School 2005.

Holton, J. (August, 2004, Submitted). Deaf substance abusers: Understanding deaf culture in order to provide effective treatment. Annual Fall Conference for National Association of Social Workers – North Carolina Fall Conference 2004.

Holton, J. (October, 2004, Submitted). Communication barriers and chemical dependency: Replacing negative coping skills with positive coping skills. 20th International Convention for Self-Help for Hard of Hearing of Hearing People (SHHH).

Peer Reviewed Journal Articles: Published

Carpenter-Aeby, T., Anderson, K., Chamblee, W., Daly, D., Marshland, A., Hallman, J., Perez, J., Scheu, A. (2002). Bringing the classroom to the community: Students voice the passion and inspiration of service-learning. *Annals of the National Association for the Advancement of Educational.*

Peer Reviewed Journal Abstracts: Published

Carpenter-Aeby, T., Hallman, J., Aeby, V. (2003). Teacher attitudes toward working conditions in rural counties. Proceeding for the 6th Annual Meeting of the Association for the Advancement of Educational Research.

Carpenter-Aeby, T., Anderson, K., Chamblee, W., Daly, D., Marshland, A., Hallman, J., Perez, J., Scheu, A. (2002). Bringing the classroom to the community: Students voice the passion and inspiration of service-learning. Proceeding for the 5th Annual Meeting of the Association for the Advancement of Educational Research.

Carpenter-Aeby, T., Anderson, K., Chamblee, W., Daly, D., Marshland, A., Hallman, J., Loftin, T., Perez, J., Scheu, A. (2003). Benefits of service-learning in social work practice: Reflections on Learn & Serve Projects. Council on Social Work Education 2003 Annual Program Meeting.

Peer Reviewed Journal Articles: Submitted

Carpenter-Aeby, T., Anderson, K., Chamblee, W., Daly, D., Marshland, A., Hallman, J., Loftin, T., Perez, J., Scheu, A. (May, 2002, Submitted). Benefits of service-learning in social work practice: Reflections on Learn & Serve Projects. *Journal of Social Work Education.*

PROFESSIONAL EXPERIENCE

Full-time Employment

Licensed Clinical Social Worker & President
Jessica Holton, PLLC

January 2008 – Present
Greenville, NC

Clinical Therapist

• **Outpatient Therapy Program Director**
Personalized Therapy, Inc.

July 2006 – January 2008
January 2007 - December 2007
Greenville, NC

Counselor / Licensed Clinical Addiction Specialist	August 2003 – June 2006
<ul style="list-style-type: none"> • <i>Walter B. Jones – Alcohol & Drug Addiction Treatment Center</i> • <i>Deaf and Hard of Hearing Services</i> 	<i>Greenville, NC</i>

PROFESSIONAL EXPERIENCE
Contractual & Part-time Employment

Provider/Therapist	October 2017 – Present
<i>Camaraderie Foundation, Inc.- Counseling Program</i>	<i>Orlando, FL</i>

Critical Stress Support Team Coordinator	August 2017 – Present
<i>Disaster Management International – Family Assistance Specialist Team</i>	<i>Little Rock, AK</i>

Instructor/Speaker	June 2017 – Present
<i>Tennessee Association Alcohol, Drug & other Addiction Services (TAADAS)</i>	<i>Nashville, TN</i>

Instructor/Speaker	November 2016 – Present
<i>North Carolina Foundation for Alcohol and Drug Studies (NCFADS)</i>	<i>Clayton, NC</i>

Continuing Education Course Author	June 2016 – June 2020
<i>PDH Academy</i>	<i>Pewaukee, WI</i>

Instructor/Speaker	February 2016 – September 2015
<i>Vyne (Formally CrossCountry Education)</i>	<i>Brentwood, TN</i>

Clinical Instructor	January 2016 – January 2019
<i>East Carolina University's Communication Sciences & Disorders Department</i>	<i>Greenville, NC</i>

Clinical Supervisor	October 2015 – Present
<i>Youth Villages</i>	<i>Durham, NC</i>

Progressive Tinnitus Management Clinic Co-Facilitator	January 2015 – January 2019
<i>East Carolina University's Communication Sciences & Disorders Department</i>	<i>Greenville, NC</i>

Independent Contractor	September 2014 – Present
<i>Courage Beyond through Centerstone</i>	<i>Columbus, IN</i>

Independent Contractor	October 2011 – Present
<i>Give an Hour</i>	<i>Washington, D.C.</i>

Independent Contractor	September 2011 – August 2012
<i>MHN Services</i>	<i>San Rafael, CA</i>

Independent Practitioner	February 2008 – November 2009
<i>PORT Human Services</i>	<i>Greenville, NC</i>

Adjunct Instructor	August 2007 – May 2008
<i>East Carolina University's College of Human Ecology's School of Social Work</i>	<i>Greenville, NC</i>

School of Social Work Field Office Consultant	March 2007 – June 2007
<i>East Carolina University's College of Human Ecology's School of Social Work</i>	<i>Greenville, NC</i>

Clinician / Group Facilitator	August 2005 – July 2007
<i>East Coast Counseling, Inc.</i>	<i>Greenville, NC</i>

Research Assistant
East Carolina University

June 2003 – August 2003
Greenville, NC

Student Research Assistant
East Carolina University

September 2001 - August 2002
Greenville, NC

PROFESSIONAL EXPERIENCE

Internships & Practicums

Master of Social Work Intern
Walter B. Jones – Alcohol Drug Addiction Treatment Center
Deaf and Hard of Hearing Services

August 2002 - May 2003
Greenville, NC

Master of Social Work Intern
Cherry Hospital - CYU

January 2002 - May 2002
Goldsboro, NC

Southern Arizona Children's Consortium Intern
CODAC Behavioral Health Services

August 1999 - May 2000
Tucson, AZ

PROFESSIONAL ACTIVITIES

National Public Speaking, Lectures, Presentations & Interviews

The Georgia Society for Clinical Social Work
April 2021 Lunch and Learn – via live webinar

April 28, 2021

- Presenter – *Professional Wills*

Tennessee Association Alcohol, Drug & other Addiction Services (TAADAS)
Regional Training (six hours) – via live webinar

July 14, 2020

- Presenter - *Why We Do What We Do: Merging Neuroscience and Theory into Practice While Facilitating Group Sessions*

MindBody Radio
Radio Interview

March 30, 2020

- Guest Appearance

West Virginia Chapter of National Association of Social Workers
Annual Spring Conference – Charleston, WV

May 2, 2019

- Presenter - *The Basic Neuroscience of Addiction: Debunking the "Choice" Myth*
- Presenter - *Tackling Avoidance: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*

West Virginia Public News Service
Radio and Article Interview

April 25, 2019

- Guest Appearance - *Opioid Crisis and Addiction*

Arizona Chapter of National Association of Social Workers
2020 NASW Arizona Conference – via live webinar

November 5, 2020

- Presenter – *Professional Wills*

Navajo County Court Appointed Special Advocate
October Court Team Meeting – Holbrook, AZ

October 25, 2017

- Presenter – *Tackling Avoidance: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*

Tennessee Association Alcohol, Drug & other Addiction Services (TAADAS)
Regional Training (12 hours) – Chattanooga, TN

August 24-25, 2017

- Presenter – *Why We Do What We Do: Merging Neuroscience and Theory into Practice*

Tennessee Association Alcohol, Drug & other Addiction Services (TAADAS)

August 10-11, 2017

Regional Training (12 hours) – Memphis, TN

- Presenter – *Why We Do What We Do: Merging Neuroscience and Theory into Practice*

Cross County Education

August 24, 25 & 26, 2016

Presenter Test Tour (six hours) 2 of 2 – Columbia, SC, Augusta, GA & Savannah, GA

- Presenter – *Clinical Supervisor Roles & Responsibilities: Increasing Effective & Essential Gatekeeping Methods*

Cross County Education

August 10, 11 & 12, 2016

Presenter Test Tour (six hours) 1 of 2 – Harrisburg, PA, Wilkes-Barre, PA & Feasterville Trevose, PA

- Presenter – *Clinical Supervisor Roles & Responsibilities: Increasing Effective & Essential Gatekeeping Methods*

National Association of Social Workers

March 3, 2015

Specialty Practice Section (SPS) – via live webinar

- Presenter - *Using Practical Approaches: Stress Management for Professionals*

National Association of Social Workers

October 28, 2014

Specialty Practice Section (SPS) – via live webinar

- Presenter - *Trying to Escape by Getting Trapped: Basic Neurobiology of Addiction*

Wisconsin Chapter of National Association of Social Workers

May 3, 2012

Continuing Education Program – via live teleconference

- Presenter - *Grief and Loss: Numbing the Pain Through Substance Abuse*

Hearing Loss Association of America

June 18, 2011

Annual International Convention – Washington, D.C.

- Presenter – *Trying to Escape by Getting Trapped: Using Unhealthy Coping Skills to Grieve Hearing Loss*

Hearing Loss Association of America

June 19, 2010

Annual International Convention – Milwaukee, WI

- Presenter – *Trying to Escape by Getting Trapped: Using Drugs and Alcohol to Cope with Hearing Loss*

South Carolina Chapter of National Association of Social Workers

March 4-5, 2008

Annual Symposium – Myrtle Beach, SC

- Presenter – *Using Practical Approaches: Stress Relief for Clinicians and Clients*
- Presenter - *Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness*

Hearing Loss Association of America

July 1, 2006

(formally known as Self Help for Hard of Hearing of Hearing People)

Annual International Convention – Orlando, FL.

- Presenter – *Communication Barriers and Chemical Dependency: Replacing Negative Coping Skills with Positive Coping Skills*

Hearing Loss Association

June 30, 2005

(formally known as Self Help for Hard of Hearing of Hearing People)

Annual International Convention – Washington, D.C.

- Presenter – *Communication Barriers and Chemical Dependency: Replacing Negative Coping Skills with Positive Coping Skills*

Association for the Advancement of Educational Research (AAER)

December 2-6, 2003

Annual Meeting - Ponte Vedra, FL

- Co-Presenter - *Teacher Attitudes Toward Working Conditions in Rural Counties*
- Co-Presenter - *Benefits to Service- Learning: The Journey Continues*

Association for the Advancement of Educational Research (AAER)

December 3-7, 2002

Annual Meeting - Ponte Vedra, FL

- Co-Presenter - *Bringing the Classroom to The Community: Students Voice the Passion and Inspiration of Service-Learning*

North Carolina Public Speaking, Lectures, Presentations & Interviews

North Carolina Chapter of National Association of Social Workers <i>Essentials of Private Practice Conference – via live webinar</i>	August 3, 2022
<ul style="list-style-type: none">• Presenter - <i>Transitioning to Telehealth: Considerations and Recommendations</i>	
Southlight Innovative Behavioral Health Trauma Informed Extended Training (5.5 hours) 2 of 2 – <i>via live stream to in-person participants</i>	June 27, 2022
<ul style="list-style-type: none">• Presenter - <i>Tackling Avoidance: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder</i>	
Southlight Innovative Behavioral Health Trauma Informed Extended Training (5.5 hours) 1 of 2 – <i>via live stream to in-person participants</i>	June 20, 2022
<ul style="list-style-type: none">• Presenter - <i>Tackling Avoidance: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder</i>	
Fellowship Hall Drug & Alcohol Recovery Center 2022 Continuing Education & Clinical Training (four hours) – <i>via live hybrid webinar (in-person and virtual participants)</i>	May 19, 2022
<ul style="list-style-type: none">• Presenter - <i>Clinical Supervisor Roles and Responsibilities: Ethics, Regulations, and Liabilities of Professional Gatekeeping</i>	
North Carolina AHEC & North Carolina DHHS Tailored Plans for IDD/SPMI/SUD Training (three hours) – <i>via live webinar</i>	March 25, 2022
<ul style="list-style-type: none">• Presenter - <i>Critical Incidents and Disasters: Gaining the Appropriate Knowledge and Skills to Respond</i>	
Pitt Community College <i>Mental Health & Wellness for Staff – via live webinar</i>	March 2, 2022
<ul style="list-style-type: none">• Presenter - <i>Prolonged Stress: Proactive Approaches to Counter Physical, Emotional and Spiritual Depletion</i>	
Southlight Innovative Behavioral Health All Staff Trauma Informed Training 4 of 4 – <i>via live webinar</i>	February 25, 2022
<ul style="list-style-type: none">• Presenter - <i>Tackling Avoidance: Supporting Stressor, Adversity, & Trauma Reactions</i>	
Southlight Innovative Behavioral Health All Staff Trauma Informed Training 3 of 4 – <i>via live webinar</i>	February 18, 2022
<ul style="list-style-type: none">• Presenter - <i>Tackling Avoidance: Supporting Stressor, Adversity, & Trauma Reactions</i>	
Southlight Innovative Behavioral Health All Staff Trauma Informed Training 2 of 4 – <i>via live webinar</i>	February 11, 2022
<ul style="list-style-type: none">• Presenter - <i>Tackling Avoidance: Supporting Stressor, Adversity, & Trauma Reactions</i>	
Southlight Innovative Behavioral Health All Staff Trauma Informed Training 1 of 4 – <i>via live webinar</i>	February 4, 2022
<ul style="list-style-type: none">• Presenter - <i>Tackling Avoidance: Supporting Stressor, Adversity, & Trauma Reactions</i>	
North Carolina Foundation for Alcohol and Drug Studies (NCFADS) <i>Summer School 2021 – via live webinar</i>	July 26-29, 2021
<ul style="list-style-type: none">• Main Track Presenter (9 Hours) - <i>Clinical Supervisor Roles and Responsibilities: Realizing and Implementing Essential Gatekeeping Approaches</i>	
Eastern AHEC <i>Enhancing Knowledge and Skills in Adult Mental Health' Conference – via live webinar</i>	April 29, 2021
<ul style="list-style-type: none">• Presenter - <i>Tackling Avoidance: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder</i>	
Thermo Fisher <i>LGBTQA+ World Mental Health Day Presentation – via live webinar</i>	October 9, 2020
<ul style="list-style-type: none">• Presenter – <i>World Mental Health Day: October 10, 2020</i>	
Thermo Fisher <i>LGBTQA+ Suicide Prevention Day Presentation – via live webinar</i>	September 10, 2020
<ul style="list-style-type: none">• Presenter – <i>World Suicide Prevention Day</i>	

- McLeod Addictive Disease Center June 19, 2020
 2020 Training Series (six hours) – via live webinar
- Presenter - *The Basic Neuroscience of Addiction: Debunking the “Choice” Myth*
- North Carolina Foundation for Alcohol and Drug Studies (NCFADS) February 16 - 19, 2020
 Winter School 2020 – Greensboro, NC
- Mini-Track Presenter (4.5 Hours) – *Professional Wills*
 - Main Track Presenter (11 Hours) - *Tackling Avoidance: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*
- Eastern AHEC December 6, 2019
 Cherry Point (six hours) – Havelock, NC
- Presenter - *Everyone Has a Vice, Right? Understanding and Treating Process Addictions*
- North Carolina Chapter of National Association of Social Workers November 21, 2019
 Local Program Unit – Greenville, NC
- Presenter – *Professional Wills*
- Thermo Fisher October 9, 2019
 LGBT+ Mental Health Month Presentation – Greenville, NC
- Presenter – *LGBT+ Community & Mental Health Considerations*
- Eastern AHEC August 16, 2019
 2019 Children Services Conference – Greenville, NC
- Presenter – *Implementing Evidence-Based Practices with Adolescents with Mental Health and/or Substance Use Disorders*
- TEDI BEAR and NC Stop Human Trafficking June 24, 2019
 Pitt County BRACE Podcast
- Guest Interview - *PTSD Awareness Month*
- AAA Upper Coastal Plain Council of Governments June 13, 2019
 Regional Aging Conference – Rocky Mount, NC
- Presenter - *The Basic Neuroscience of Addiction*
- Eastern AHEC March 28, 2019
 Walter B. Jones – Alcohol and Drug Abuse Treatment Center Training (four hours) – Greenville, NC
- Presenter – *Translating Borderline Personality Disorder to Provide Effective and Compassionate Care*
- North Carolina Foundation for Alcohol and Drug Studies (NCFADS) February 19, 2019
 Winter School 2019 – Greensboro, NC
- Concurrent Plenary Co-Presenter – *Military Veterans and Trauma: It May Not Be What You Think*
- Eastern AHEC February 8, 2019
 Camp Lejeune Training (six-hours) – Jacksonville, NC
- Presenter – *The Basic Neuroscience of Addiction*
- North Carolina Chapter of National Association of Social Workers January 29, 2019
 Continuing Education Program – via Recorded Webinar
- Presenter – *Professional Wills*
- Addiction Professionals of NC & NC Division of Aging and Adult Services December 13, 2018
 2nd Annual Opioids and Aging Symposium – Raleigh, NC
- Morning Plenary Presenter - *The Basic Neuroscience of Addiction: Debunking the “Choice” Myth*
- Eastern AHEC November 1, 2018
 Annual Substance Abuse Services State of the Art Conference – Greenville, NC
- Co-presenter - *Military Veterans & Trauma: It May Not Be What You Think*

- Pitt County Coalition on Substance Abuse (PCCSA) September 20, 2018
STOP 2.0 Series – Greenville, NC
 - Panel Expert: *Provider*
- Eastern AHEC April 26, 2018
Adult Services Best Practices Conference – Greenville, NC
 - Presenter - *The Basic Neuroscience of Addiction: Debunking the “Choice” Myth*
- Addiction Professionals of North Carolina April 19, 2018
Annual Spring Conference (three hours) – Asheville, NC
 - Presenter – *Gatekeeping for the Profession: Upholding Clinical Supervisor Roles and Responsibilities*
- North Carolina Foundation for Alcohol and Drug Studies (NCFADS) February 18 - 21, 2018
Winter School 2018 – Greensboro, NC
 - Mini Track Presenter (4.5 hours) – *Effective Clinical Supervision: Intentionally Utilizing Supervision- Specific Approaches, Models and Interventions*
 - Main Track Presenter (11 hours) - *Tackling Avoidance: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*
- Eastern Carolina Critical Incident Stress Management Association November 9, 2017
Annual General Membership Meeting – Williamston, NC
 - Presenter as Associate Clinical Director – *Defusing, Delayed Stress Mitigation & Disaster Stress Management Guide*
- East Carolina University’s School of Social Work November 8, 2017
Social Work Lecture Series – Greenville, NC
 - Presenter – *Therapeutic Group & Individual Sessions: Utilizing Effective Metaphors & Visual Aids*
- Addiction Professionals of North Carolina October 20, 2017
Annual Fall Conference – Wrightsville Beach, NC
 - Presenter – *Compassion Fatigue: Proactive Approaches to Counter Physical, Emotional and Spiritual Depletion*
- North Carolina Chapter of National Association of Social Workers September 26, 2017
Continuing Education Program – via Recorded Webinar
 - Presenter - *The Basic Neuroscience of Addiction: Debunking the “Choice” Myth*
- East Carolina University June 5, 2017
Audiology Doctorial Students – Greenville, NC
 - Presenter – *Cognitive Behavioral Therapy Techniques & Tinnitus Treatment*
- Asthma Alliance of North Carolina May 24, 2017
2017 Asthma Summit – Burlington, NC
 - Presenter – *Compassion Fatigue: Proactive Approaches to Counter Physical, Emotional & Spiritual Depletion*
- Addiction Professionals of North Carolina April 20, 2017
Annual Spring Conference – Asheville, NC
 - Co-Presenter/Panel Member – *Provider Track*
- Vidant Health Center March 28, 2017
7th Annual Eastern Carolina Respiratory Conference – Greenville, NC
 - Presenter – *Discovering and Maintain the Balance between Clinical Care and Empathy*
- North Carolina Foundation for Alcohol and Drug Studies (NCFADS) February 20 - 22, 2017
Winter School 2017 – Greensboro, NC
 - Main Track Presenter (11 hours) – *Clinical Supervisor Roles & Responsibilities: Increasing Effective & Essential Gatekeeping Methods*
- East Carolina University’s School of Social Work January 6, 2017
Field Instruction Orientation – Greenville, NC
 - Presenter - *Gatekeepers of the Professions: Social Work Ethics, Liabilities, & Best Practices of Supervision*

- Vidant EAP December 12, 2016
Monthly Training – Greenville, NC
- Presenter - *Compassion Fatigue: Proactive Approaches to Counter Physical, Emotional & Spiritual Depletion*
- Crisis Intervention Teams (CIT) September 22, 2016
 Training – Greenville, NC
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- Crisis Intervention Teams (CIT) July 21, 2016
 Training – Greenville, NC
- Presenter - *Sorting Through the Signs & Symptoms: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*
- Crisis Intervention Teams (CIT) May 26, 2016
 Training – Greenville, NC
- Presenter - *Sorting Through the Signs & Symptoms: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center December 2, 2015
 Professional Staffing – Greenville, NC 10:00 a.m. & 1:00 p.m.
- Presenter – *“I Just Don’t Understand It [Transgender]”: Increasing Awareness and Acceptance of Differences*
- Addiction Professionals of North Carolina October 15, 2015
 Annual Fall Conference (three hours) – Wrightsville Beach, NC
- Presenter – *Gatekeeping for the Profession: Upholding Clinical Supervisor Roles and Responsibilities*
- Crisis Intervention Teams (CIT) July 21, 2015
 Training – Greenville, NC
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- North Carolina Chapter of National Association of Social Workers May 20, 2015
 Clinical Supervision Certificate Training – New Bern, NC
- Presenter - *Dual Licensures: Understanding Related Disciplines’ Supervision Regulations*
- Vidant EAP May 25, 2015
 Monthly Training – Greenville, NC
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- North Carolina Chapter of National Association of Social Workers March 16, 2015
 Continuing Education Program – via Recorded Webinar
- Presenter - *Sorting Through the Signs & Symptoms: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*
- Crisis Intervention Teams (CIT) January 27, 2015
 Training – Greenville, NC
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- Crisis Intervention Teams (CIT) December 2, 2014
 Training – Greenville, NC
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- Addiction Professionals of North Carolina October 31, 2012
 Annual Fall Conference – Wrightsville Beach, NC
- Co-Presenter/Panel Member – *Impaired Professionals*
- Addiction Professionals of North Carolina October 30, 2012
 Annual Fall Conference – Wrightsville Beach, NC
- Presenter – *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*

Crisis Intervention Teams (CIT) <i>Training – Greenville, NC</i>	October 20, 2014
<ul style="list-style-type: none"> • Presenter - <i>Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder</i> 	
Vidant EAP <i>Monthly Training – Greenville, NC</i>	July 15, 2014
<ul style="list-style-type: none"> • Presenter - <i>Anxiety: Understanding & Managing Inner Turmoil</i> 	
Nash-Rocky Mount Schools <i>Destination Transformation Teaching and Learning Institute – Rocky Mount, NC</i>	June 16, 2014 AM & PM Sessions
<ul style="list-style-type: none"> • Presenter – <i>Trying to Escape by Getting Trapped: Cutting & Self-Harming Behaviors</i> 	
Crisis Intervention Teams (CIT) <i>Training – Greenville, NC</i>	March 26, 2014
<ul style="list-style-type: none"> • Presenter - <i>Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder</i> 	
NAMI of Pitt County <i>Monthly Meeting – Greenville, NC</i>	November 12, 2013
<ul style="list-style-type: none"> • Presenter - <i>Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder</i> 	
Vidant EAP <i>Monthly Training – Greenville, NC</i>	July 15, 2013
<ul style="list-style-type: none"> • Presenter - <i>Trying to Escape by Getting Trapped</i> 	
North Carolina Chapter of National Association of Social Workers <i>Clinical Supervision Certificate Training – New Bern, NC</i>	June 24, 2013
<ul style="list-style-type: none"> • Presenter - <i>Dual Licensures: Understanding Different Disciplines' Supervision Expectations</i> 	
NAMI of Pitt County <i>Monthly Meeting – Greenville, NC</i>	May 14, 2013
<ul style="list-style-type: none"> • Presenter – <i>Trying to Escape by Getting Trapped: Addiction and the Brain</i> 	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers' Training – via live Webinar</i>	February 12, 2013
<ul style="list-style-type: none"> • Presenter – <i>Empowerment: The Provider's Role</i> 	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers' Training – via live Webinar</i>	January 8, 2013
<ul style="list-style-type: none"> • Presenter - <i>Using Practical Approaches: Stress Management for Professionals</i> 	
North Carolina Substance Abuse Professional Practice Board <i>Annual Meeting of the Profession – Greensboro, NC</i>	December 6, 2012
<ul style="list-style-type: none"> • Presenter – <i>Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness</i> 	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers' Training – via live Webinar</i>	November 13, 2012
<ul style="list-style-type: none"> • Presenter - <i>Trying to Escape by Getting Trapped: Addiction and the Brain</i> 	
Addiction Professionals of North Carolina <i>Annual Fall Conference – Carolina Beach, NC</i>	October 17, 2012
<ul style="list-style-type: none"> • Presenter – <i>Addictions 101: Diagnosis and Treatment for Behavioral Health Professionals</i> 	
Pitt County Department of Social Services <i>In-service Training – Greenville, NC</i>	June 15, 2012
<ul style="list-style-type: none"> • Presenter – <i>Comprehensive Clinical Assessments</i> 	
Social Work Department at Vidant Hospital <i>Annual Social Work Month Training – Greenville, NC</i>	March 7, 2012
<ul style="list-style-type: none"> • Presenter - <i>Maintaining Integrity While Providing Treatment to Individuals Experiencing Co-Occurring Disorders</i> 	

Positive Beginnings Community Center, LLC <i>In-Service – Greenville, NC</i>	February 13, 2012
<ul style="list-style-type: none"> • Presenter – <i>Treatment Issues Within Special Populations</i> 	
North Carolina Substance Abuse Professional Practice Board <i>Annual Meeting of the Profession – Burlington, NC</i>	December 8, 2011
<ul style="list-style-type: none"> • Presenter – <i>Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness</i> 	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers' Training – via live Webinar</i>	December 1, 2011
<ul style="list-style-type: none"> • Presenter - <i>Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder</i> 	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers' Training – via live Webinar</i>	September 29, 2011
<ul style="list-style-type: none"> • Presenter - <i>Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder</i> 	
MHN Services <i>MHN Client Organization – Greenville, NC</i>	September 14, 2011
<ul style="list-style-type: none"> • Contract Presenter - <i>Managing Stress</i> 	
North Carolina Chapter of National Association of Social Workers <i>Charlotte/Mecklenburg Local Program Unit's Meeting – Charlotte, NC</i>	September 10, 2011
<ul style="list-style-type: none"> • Presenter - <i>Consulting Impaired & Incompetent Colleagues: An Evades Ethical Obligation</i> 	
North Carolina Chapter of National Association of Social Workers <i>Clinical Social Work Summer Institute – Wilmington, NC</i>	July 21, 2011
<ul style="list-style-type: none"> • Presenter - <i>Trying to Escape by Getting Trapped: Avoiding Trauma with Maladaptive Coping Skills</i> 	
North Carolina Chapter of National Association of Social Workers <i>Clinical Supervision Certificate Training – Greenville, NC</i>	May 18, 2011
<ul style="list-style-type: none"> • Presenter - <i>Dual Licensures: Understanding Different Disciplines' Supervision Expectations</i> 	
Addiction Professionals of North Carolina <i>Annual Spring Conference – Asheville, NC</i>	April 21, 2011
<ul style="list-style-type: none"> • Presenter – <i>Comprehensive Awareness about Addiction & Effective Treatment</i> 	
Eastern AHEC <i>Annual Eastern Region Adult Services Best Practice Conference – Greenville, NC</i>	April 14, 2011
<ul style="list-style-type: none"> • Presenter - <i>Maintaining Integrity While Providing Treatment to Individuals Experiencing Co-Occurring Disorders</i> 	
North Carolina Chapter of National Association of Social Workers <i>Greenville Local Program Unit's Social Work Month Event – Greenville, NC</i>	March 24, 2011
<ul style="list-style-type: none"> • Presenter - <i>Consulting Impaired & Incompetent Colleagues: An Evades Ethical Obligation</i> 	
Arendell Parrott Academy <i>High School Freshman Health Class – Kinston, NC</i>	February 14, 2011
<ul style="list-style-type: none"> • Presenter - <i>Trying to Escape by Getting Trapped: Using Maladaptive Coping Skills to Cope</i> 	
North Carolina Substance Abuse Professional Practice Board <i>Annual Meeting of the Profession – Durham, NC</i>	December 9, 2010
<ul style="list-style-type: none"> • Presenter – <i>Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness</i> 	
North Carolina Chapter of National Association of Social Workers <i>Annual Fall Conference – Asheville, NC</i>	November 19, 2010
<ul style="list-style-type: none"> • Presenter - <i>Trying to Escape by Getting Trapped: Using Maladaptive Coping Skills to Cope</i> 	
North Carolina Association of Alcoholic Residential Facilities <i>Annual Fall Conference – Burlington, NC</i>	November 18, 2010
<ul style="list-style-type: none"> • Presenter – <i>Assessing the Assessor: Strengthening Assessing, Diagnosing, and Treatment Planning Skills</i> 	

- Substance Abuse Services State of the Art Conference (*Eastern AHEC Annual Conference – Greenville, NC*) November 3, 2010
- Presenter – *NCSAPPB Overview and Review (Certified Clinical Supervisor)*
- North Carolina Chapter of National Association of Social Workers
Greenville Local Program Unit Monthly Meeting – Greenville, NC September 16, 2010
- Presenter – *Trying to Escape by Getting Trapped: Using Drugs and Alcohol to Cope*
- North Carolina Foundation for Alcohol and Drug Studies (NCFADS)
Summer School – Wilmington, NC July 27, 2010
- Co-Presenter – *NCSAPPB Overview and Review*
- Addiction Professionals of North Carolina
Annual Spring Conference – Asheville, NC April 22, 2010
- Presenter – *Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness*
- North Carolina Substance Abuse Professional Practice Board
Annual Meeting of the Profession – Cary, NC December 9, 2009
- Presenter – *Effective Group Work for Addiction Counselors*
- East Carolina University's College of Human Ecology's School of Social Work
Substance Abuse Treatment Course – Greenville, NC December 1, 2009
- Presenter – *NCSAPPB Overview and Review*
- North Carolina Foundation for Alcohol and Drug Studies (NCFADS)
Summer School – Wilmington, NC July 28, 2009
- Co-Presenter – *NCSAPPB Overview and Review*
- Psychotherapeutic Services
In-service – Greenville, NC December 19, 2008
- Presenter – *Mental Health Disorders and Treatment Methods*
- Eastern AHEC
Annual Substance Abuse Services State of the Art Conference – Greenville, NC November 20, 2008
- Presenter – *Client Empowerment*
- North Carolina Chapter of National Association of Social Workers
Annual Fall Conference – Asheville, NC November 17, 2007
- Presenter - *Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness*
- Personalized Therapy, Inc.
Employee Training (Required Evidenced-Based Training) – Greenville, NC November 13, 2007
- Presenter – *Mental Health Disorders and Treatment Methods*
- Martin County Community Action, Inc. Head Start Program
Cluster "A" Skills Development Extravaganza – Greenville, NC October 29, 2007
- Presenter – *Avoiding Stress & Burnout*
- Personalized Therapy, Inc.
Employee Training (Required Evidenced-Based Training) – Greenville, NC September 26-27, 2007
- Presenter – *Mental Heath Disorders and Treatment Methods*
- Eastern AHEC
Annual Eastern Region Adult Services Best Practice Conference - Greenville, NC April 24, 2007
- Presenter – *Putting the Pieces Together: Understanding & Working with Deaf and Hard of Hearing Clients*
- East Carolina University's College of Human Ecology's School of Social Work
Fall Semester Groups Course – Greenville, NC October 2, 2006
- Presenter - *Substance Abuse Treatment: Utilizing Therapeutic Metaphors and Visual Aids*

- North Carolina Chapter of National Association of Social Workers
Annual Clinical Institute – Wilmington, NC June 5, 2006
- Presenter - *Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness*
- North Carolina Chapter of National Association of Social Worker
Greenville Local Program Unit's Monthly Meeting – Greenville, NC April 20, 2006
- Co-Presenter - *Social Workers and Family Therapists: Helping Families and Building Better Communities Together*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center
Monthly New Employee Orientation – Greenville, NC December 6, 2005
- Presenter – *Cultural Competencies*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center
Monthly New Employee Orientation – Greenville, NC June 7, 2005
- Presenter – *Cultural Competencies*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center
Monthly New Employee Orientation – Greenville, NC May 3, 2005
- Presenter – *Cultural Competencies*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center
Monthly New Employee Orientation – Greenville, NC March 8, 2005
- Presenter – *Cultural Competencies*
- Northeastern Chapter of Marriage and Family Therapy
Local Meeting – Greenville, NC February 11, 2005
- Presenter – *Deaf Substance Abusers: Understanding Deaf Culture in order to Provide Effective Treatment*
- North Carolina Chapter of National Association of Social Workers
Local Program Unit Monthly Meeting – Greenville, NC February 10, 2005
- Presenter – *Treatment issues in special populations*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center
Monthly New Employee Orientation – Greenville, NC January 4, 2005
- Presenter – *Cultural Competencies*
- North Carolina Chapter of National Association of Social Workers
Annual Fall Conference - Asheville, NC November 20, 2004
- Presenter – *Deaf Substance Abusers: Understanding Deaf Culture to Provide Effective Treatment*
- Eastern North Carolina School for the Deaf
Fall 2004 Occupational Study Courses – Wilson, NC November 9, 2004
- Presenter – *Self-Awareness: Understanding You and Developing Positive Coping Skills.*
- North Carolina Chapter of National Association of Social Workers
Greenville Local Program Unit's Monthly Meeting – Greenville, NC April 15, 2004
- Presenter – *Providing Services to Deaf and Hard of Hearing Individuals*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center
Quarterly Professional Staffing – Greenville, NC April 14, 2004
- Presenter – *Providing Services to Deaf and Hard of Hearing Individuals*
- North Carolina Regional Interagency Team (RIT)
Bi-Monthly Meeting – Wilson, NC March 30, 2004
- Presenter - *Walter B. Jones – Alcohol and Drug Treatment Center's Deaf and Hard of Hearing Services*

Northampton Institute of Leadership Development
Monthly Meeting - Jackson, NC

August 8, 2003

- Co-Presenter - *Teacher Attitudes Toward Working Conditions in Northampton County*

Professional Outreach:

East Carolina University School of Social Work Alumni and Friends – Greenville, NC	October 26, 2018
<ul style="list-style-type: none">• NASW-NC Member and ECU School of Social Work Alumna	
PORT Health APNC Regional Training – Winterville, NC	November 7, 2017
<ul style="list-style-type: none">• Member At Large of APNC	
College of Human Ecology School of Social Work Bachelor of Social Work Association Meeting – Greenville, NC	March 2, 2014
<ul style="list-style-type: none">• President of NASW-NC	
College of Human Ecology School of Social Work Orientation – Greenville, NC	January 11, 2008
<ul style="list-style-type: none">• Secretary – NASW-NC	
College of Human Ecology School of Social Work Orientation – Greenville, NC	August 22, 2007
<ul style="list-style-type: none">• Secretary – NASW-NC	
College of Human Ecology School of Social Work Orientation – Greenville, NC	August 22, 2006
<ul style="list-style-type: none">• Coastal District Representative – NASW-NC	
College of Human Ecology School of Social Work Orientation – Greenville, NC	August 23, 2005
<ul style="list-style-type: none">• Coastal District Representative – NASW-NC	
Deaf-Blind Month Activity Deaf-Blind Public Awareness Day – Goldsboro, NC	June 21, 2005
<ul style="list-style-type: none">• Representative – WBJ – ADATC Deaf and Hard of Hearing Services	
Eastern North Carolina School for the Deaf Summer Institute Agency Day – “Poison Peanut Butter” Team-building activity	June 17, 2005
<ul style="list-style-type: none">• Facilitator – WBJ – ADATC Deaf and Hard of Hearing Services	
Eastern North Carolina School for the Deaf Substance Abuse Prevention Outreach – “Anger, Assertiveness, Stressors”	March 16, 2005
<ul style="list-style-type: none">• Instructor – WBJ – ADATC Deaf and Hard of Hearing Services	
Eastern North Carolina School for the Deaf Substance Abuse Prevention Outreach – “Self-esteem, Perceptions, Emotions”	March 2, 2005
<ul style="list-style-type: none">• Instructor – WBJ – ADATC Deaf and Hard of Hearing Services	
The 20 th Annual Substance Abuse Services State of the Art Conference Annual Meeting – Greenville, NC	November 17-18, 2004
<ul style="list-style-type: none">• Representative – WBJ – ADATC Deaf and Hard of Hearing Services	
Eastern North Carolina School for the Deaf Parent’s Day – Wilson, NC	September 30, 2004
<ul style="list-style-type: none">• Representative – WBJ – ADATC Deaf and Hard of Hearing Services	

Deaf Awareness Week's Activity September 19, 2004
 Deaf Heritage Day – Greenville, NC
 • Representative – WBJ – ADATC Deaf and Hard of Hearing Services

Attended Conference(s) & Specialty Training(s):

North Carolina Chapter of NASW Essentials of Private Practice Conference	August 3, 2022
33rd Annual International Trauma Hybrid Conference: Psychological Trauma – Neuroscience, Embodiment and the Restoration of the Self	May 18-21, 2022
Addiction Professionals of North Carolina Hybrid Spring Conference	April 20-22, 2022
North Carolina Chapter of NASW Social Work Ethics Virtual Conference	March 18, 2022
Polyvagal institute Virtual Summit	November 5-6, 2021
NAADAC Virtual National Conference	October 28-30, 2021
Addiction Professionals of North Carolina Hybrid Fall Conference	October 25-27, 2021
32nd Annual International Trauma Virtual Conference: Psychological Trauma – Neuroscience, Embodiment, & the Restoration of Self	May 26-29, 2021
Addiction Professionals of North Carolina Virtual Spring Conference	April 20-23, 2021
North Carolina Chapter of NASW Social Work Ethics Virtual Conference	March 19, 2021
Arizona Chapter of NASW Annual Virtual Conference	November 5-6, 2020
Addiction Professionals of North Carolina Virtual Fall Conference	October 13-16, 2020
NAADAC Virtual National Conference	September 24-26, 2020
31st Annual International Trauma Virtual Conference: Psychological Trauma in the Age of Coronavirus	May 28-30, 2020
North Carolina Chapter of NASW Social Work Ethics Virtual Conference	March 20, 2020
35th Annual Substance Abuse Services State of the Art Conference	November 6-7, 2019
Addiction Professionals of North Carolina Fall Conference	October 23-25, 2019
North Carolina Chapter of NASW Clinical Institute	May 13-15, 2019
Addiction Professionals of North Carolina Spring Conference	April 24-26, 2019
North Carolina Chapter of NASW Social Work Ethics Conference	March 15, 2019
34th Annual Substance Abuse Services State of the Art Conference	November 1-2, 2018
Reconnect for Resilience	October 24-25, 2018
Addiction Professionals of North Carolina Fall Conference	October 17-19, 2018
LAMP Neurobiology of Trauma - Train the Trainer	September 13-14, 2018
Center for Deployment Psychology (Eight-hour Self-Study)	August 2018
<ul style="list-style-type: none"> • Module 1: Self-Assessment and Intro to Military Ethos • Module 2: Military Organization and Roles 	

- Module 3: Stressors and Resources
- Module 4: Treatment Resources and Tools

29th Annual International Trauma Conference: Psychological Trauma: Neuroscience, Identity and the Transformation of the Self	May 31 – June 2, 2018
Addiction Professionals of North Carolina Spring Conference	April 18 - 20, 2018
North Carolina Chapter of NASW Social Work Ethics Conference	March 24, 2017
North Carolina Foundation for Alcohol and Drug Studies (NCFADS) – Winter School	February 18-21, 2018
DMI Family Assistance Specialist Training	January 11-12, 2018
33 rd Annual Substance Abuse Services State of the Art Conference	November 1-2, 2017
DMV Substance Abuse Evaluator Course	October 31, 2017
Addiction Professionals of North Carolina Fall Conference	October 18-20, 2017
ECCISMA Disaster Responder Support	May 5, 2017
ECCISMA Emergency Responder Stress Peer Support Training	May 3-4, 2017
Addiction Professionals of North Carolina Spring Conference	April 19-21, 2017
North Carolina Chapter of NASW Social Work Ethics Conference	March 24, 2017
North Carolina Foundation for Alcohol and Drug Studies (NCFADS) – Winter School	February 20-22, 2017
32 nd Annual Substance Abuse Services State of the Art Conference	November 2-3, 2016
North Carolina Chapter of NASW Social Work Ethics Conference	March 29, 2016
North Carolina Chapter of NASW Annual Fall Conference	November 19-21, 2015
31 st Annual Substance Abuse Services State of the Art Conference	November 4-5, 2015
DMV Substance Abuse Evaluator Course	November 3, 2015
Dementia: Behavioral Health Assessment and Interventions for Practitioners	October 5, 2015
North Carolina Chapter of NASW Clinical Institute	May 4-6, 2015
North Carolina Chapter of NASW Social Work Ethics Conference	March 6, 2015
30 th Annual Substance Abuse Services State of the Art Conference	November 5-6, 2014
North Carolina Chapter of NASW Annual Fall Conference	November 21-23, 2013
29 th Annual Substance Abuse Services State of the Art Conference	November 6-7, 2013
DMV Substance Abuse Evaluator Course	November 5, 2013
North Carolina Chapter of NASW & NC State Partnering to Help People Through Animal Loss	October 12, 2013
National Association of Social Workers' Annual Leadership Meeting	April 10-13, 2013
North Carolina Chapter of NASW Social Work Lobby Day	March 20, 2013

North Carolina Chapter of NASW Social Work Ethics Conference	March 1, 2013
American's Psychiatric Association's DSM-5 Trials in Routine Clinical Practice Settings	January 14, 2013
North Carolina Chapter of NASW Annual Fall Conference	November 15-17, 2012
Emergency Responder Stress Support: Advanced Training	November 8-9, 2012
28 th Annual Substance Abuse Services State of the Art Conference	November 7, 2012
Addiction Professionals of North Carolina Fall Conference	October 17-18, 2012
North Carolina Chapter of NASW Clinical Institute	July 17-19, 2012
National Association of Social Workers' Annual Leadership Meeting	April 11-14, 2012
North Carolina Chapter of NASW Social Work Ethics Conference	March 1, 2012
27 th Annual Substance Abuse Services State of the Art Conference	November 1-2, 2011
North Carolina Chapter of NASW Clinical Supervision Certificate Training	May 16-18, 2011
North Carolina Chapter of NASW Social Work Ethics Conference	March 4, 2011
North Carolina Chapter of NASW Annual Fall Conference	November 18 - 20, 2010
26 th Annual Substance Abuse Services State of the Art Conference	November 2-3, 2010
25 th Annual Substance Abuse Services State of the Art Conference	November 3-4, 2009
North Carolina Chapter of NASW Social Work Ethics Conference	March 5, 2009
24 th Annual Substance Abuse Services State of the Art Conference	November 20-21, 2008
Basic Critical Incident Stress Management / Debriefing Refresher Course	October 24, 2008
North Carolina Chapter of NASW Annual Fall Conference	November 15 - 17, 2007
Advanced Training Institute for Mental Health Professionals (Session Four) Evidence-Based Mental Health Training of Traumatized Children and Families	October 10, 2007
Advanced Training Institute for Mental Health Professionals (Session Three) Evidence-Based Mental Health Training of Traumatized Children and Families	May 21 - 22, 2007
Advanced Training Institute for Mental Health Professionals (Session Two) Evidence-Based Mental Health Training of Traumatized Children and Families	March 6 - 7, 2007
Trauma Focused Cognitive Behavioral Therapy Web Course (10 CEUs)	January 18, 2007
Advanced Training Institute for Mental Health Professionals (Session One) Evidence-Based Mental Health Training of Traumatized Children and Families	December 6 - 7, 2006
North Carolina Chapter of NASW Annual Fall Conference	November 16 - 18, 2006
22 nd Annual Substance Abuse Services State of the Art Conference	November 14 – 15, 2006
Intensive In-Home Services	August 10 – 11, 2006
North Carolina Chapter of NASW Clinical Institute	June 5-9, 2006

North Carolina Substance Abuse Professional Practice CPM Training	January 27 – 29, 2006
North Carolina Chapter of NASW Annual Fall Conference	November 17 - 19, 2005
The 21 st Annual Substance Abuse Services State of the Art Conference	November 15 – 16, 2005
Behavioral Health Response to Disaster Training	May 25 – 26, 2005
Basic Critical Incident Stress Management / Debriefing Course	February 10 – 11, 2005
North Carolina Chapter of NASW Annual Fall Conference	November 18 - 20, 2004
The 20 th Annual Substance Abuse Services State of the Art Conference	November 17 – 18, 2004
Association for the Advancement of Educational Research (AAER)	December 2 - 6, 2003
Substance Abuse Prevention Coalition	September 13, 2003
Criminal Profiling as a Career	January 18, 2003
Association for the Advancement of Educational Research (AAER)	December 3 - 7, 2002
North Carolina Deaf Blind Associates 18 th Conference	June 27 - 30, 2002
• Support Service Provider (SSP)	
Break Out VII: National Conference on Psychosocial Rehabilitation and Deafness	April 4 - 6, 2002
HIV/AIDS and the Deaf Community	March 8, 2002
32 nd Annual Speech Language and Hearing Symposium	February 22, 2002

Service to the Profession:

Addiction Professionals of North Carolina Board Officer	January 2018 – July 2022
• Immediate Past President (<i>January 2022 – July 2022</i>)	
• President (<i>January 2020 – December 2021</i>)	
• Vice President (<i>January 2018 – December 2019</i>)	
• Executive Committee Member (<i>January 2018 – July 2022</i>)	
• Personnel Committee Member (<i>January 2018 – July 2022</i>)	
National Association of Social Workers	July 2017 – June 2020
• National Committee on Nominations & Leadership Identification (NCNLI)	
• NCNLI Chair (<i>July 2019 – June 2020</i>)	
• NCNLI Region V Representative (<i>July 2018 – June 2020</i>)	
• NCNLI Alternate (<i>July 2017 – June 2018</i>)	
Addiction Professionals of North Carolina Board of Directors	January 2017 – December 2017
• Member At Large	
• Appointed as Chair of Professional Standards and Best Practices Committee	
National Association of Social Workers - Specialty Practice Section Committee	September 2016 – June 30, 2018
• Reappointed as Committee Member of the Alcohol, Tobacco and Other Drug (ATOD) Committee	
North Carolina Substance Abuse Professional Practice Board of Directors	December 2014 – June 2015
• Appointed to Ethics Committee	
North Carolina Department of Motor Vehicles	November 2013 – Present
• Substance Abuse Evaluator	

National Association of Social Workers	May 2012 – December 2012
<ul style="list-style-type: none"> Standards for Social Work Practice with Clients with Substance Use Disorders Work Group 	
North Carolina Substance Abuse Professional Practice Board of Directors	August 2011 – December 2014
<ul style="list-style-type: none"> Appointed to Quality Assurance Committee 	
North Carolina Chapter of NASW Board of Directors	July 2011 – June 2018
<ul style="list-style-type: none"> President (<i>July 1, 2012 – June 30, 2014</i>) President Elect (<i>July 1, 2011 – June 31, 2012</i>) Executive Committee Member (<i>July 1, 2011 – June 30, 2014</i>) NASW Delegate (<i>July 1, 2011 – June 30, 2018</i>) 	
North Carolina Substance Abuse Professional Practice Board of Directors	July 2010 – July 2014
<ul style="list-style-type: none"> Appointed as Secretary by NCSAPPB's President 	
National Association of Social Workers - Specialty Practice Section Committee	July 2010 – August 2016
<ul style="list-style-type: none"> Appointed as Chair of the Alcohol, Tobacco and Other Drug (ATOD) Committee by NASW's President 	
North Carolina Chapter of NASW Board of Directors	July 2010 – June 2011
<ul style="list-style-type: none"> Coastal District Representative 	
Eastern Carolina Critical Incident Stress Management Association	January 2010 – Present
<ul style="list-style-type: none"> Appointed as Assistant Clinical Director Board of Directors Member 	
Addiction Professionals of North Carolina (APNC)	December 2008 – December 2010
<ul style="list-style-type: none"> Impaired Professionals Assistance Committee (IMPAC) Committee Member 	
National Association of Social Workers - Specialty Practice Section Committee	November 2008 – July 2016
<ul style="list-style-type: none"> Appointed to the Alcohol, Tobacco and Other Drug (ATOD) Committee by NASW's President 	
North Carolina Substance Abuse Professional Practice Board of Directors	July 2007 – March 2011
<ul style="list-style-type: none"> Appointed to Business and Operation's Committee Committee Secretary 	
North Carolina Substance Abuse Professional Practice Board of Directors	July 2007 – June 2015
<ul style="list-style-type: none"> Appointed as NASW Deemed Status Board Member (<i>2007 – 2011</i>) Re-appointed as NASW Deemed Status Board Member (<i>2011 – 2015</i>) 	
North Carolina Chapter of NASW Board of Directors	November 2006 – June 2009
<ul style="list-style-type: none"> Appointed as Secretary by NASW-NC President NASW-NC Executive Board Member 	
East Carolina University College of Human Ecology School of Social Work	August 2006 – Present
<ul style="list-style-type: none"> External Field Instructor / Supervisor 	
North Carolina Substance Abuse Professional Practice Board	January 2006 – September 2008
<ul style="list-style-type: none"> Case Presentation Method Evaluator 	
North Carolina Chapter of NASW Board's Continuing Education Committee	January 2006 – June 2010
<ul style="list-style-type: none"> Chair 	
North Carolina Chapter of NASW Board's Policy Committee	January 2006 – June 2009
<ul style="list-style-type: none"> Committee Member 	
Walter B. Jones – ADATC Worksite Wellness Committee	November 2005 – June 2006
<ul style="list-style-type: none"> Committee Member 	

Pitt Local Management Entity Human Rights Committee	October 2005 – June 2007
<ul style="list-style-type: none"> • Committee Member 	
North Carolina Department of Motor Vehicles	September 2005 – October 2011
<ul style="list-style-type: none"> • Substance Abuse Evaluator 	
Greenville Local Program Unit of North Carolina Chapter of NASW	July 2005 – June 2012
<ul style="list-style-type: none"> • Co-Chair 	
North Carolina's Chapter of NASW Board of Directors	July 2005 – November 2006
<ul style="list-style-type: none"> • Coastal District Representative 	
Eastern Carolina Critical Incident Stress Management Association	February 2005 – Present
<ul style="list-style-type: none"> • Lead Debriefing • Supporting Team Member 	
Walter B. Jones – ADATC Pilot Assessment Evaluator	October 2004 – June 2006
<ul style="list-style-type: none"> • Implementation of various pilot assessment tools • Consultant regarding improvements 	
Walter B. Jones – ADATC New Employee Orientation Committee	October 2004 – December 2005
<ul style="list-style-type: none"> • Committee Member • Lead Editor • Presenter 	
Walter B. Jones – ADATC Nursing Services Performance Improvement Team (Ad Hoc) Committee	May 2004 – June 2006
<ul style="list-style-type: none"> • Committee Member • 2nd Editor 	
North Carolina Department of Health and Human Service's Regional Interagency Team (RIT) Committee	March 2004 – June 2006
<ul style="list-style-type: none"> • Committee Member 	
Association for the Advancement of Educational Research Board	December 2002 – December 2004
<ul style="list-style-type: none"> • Graduate Student Board Member • 6th Annual Conference Volunteer • 5th Annual Conference Volunteer 	

Service to the Community:

Tragedy Assistance Program for Survivors (TAPS) <i>Programs for Survivors Nation and Worldwide</i>	July 2018 – December 2020
<ul style="list-style-type: none"> • Civilian Volunteer • White Shirt/Group Leader 	
Pitt County AIDS Service Organization <i>Financial Donations & Event Volunteer</i>	October 2016 – Present
<ul style="list-style-type: none"> • Community Member 	
Team Rubicon <i>Disaster Relief - National & International</i>	October 2016 - Present
<ul style="list-style-type: none"> • Registered Civilian Volunteer 	
Pet Loss & Grief Group <i>Support Group – Greenville, NC</i>	October 2016 - Present
<ul style="list-style-type: none"> • Founder • Group Facilitator 	

Pitt County Animal Services Temporary Disaster Shelter
Offering Disaster Stress Management/Relief to Staff and Volunteers October 18 -19, 2016

- Mental Health Provider

Courage Beyond through Centerstone
Give an Hour
Partnering with Wounded Warrior Project – Project Odyssey Retreats - Nationwide September 2014 – July 2018
August 2012 – September 2017

- Mental Health Provider

Jessica Holton, PLLC - Provider
Offering low-bono psychotherapy services to uninsured and underinsured individuals January 2008 – Present

- Clinical Social Worker

Jessica Holton - Public Speaker
Public speaking at no or low cost to organizations with budget constraints January 2005 – Present

- Clinical Social Worker

Professional Affiliations:

International Association of Veterinary Social Work 2022 - Present

International Association for Animal Hospice and Palliative Care 2021 – 2022

National Association for Alcoholism and Drug Abuse Counselors 2014 - Present

Addiction Professionals of North Carolina 2014 - Present

Eastern Carolina Critical Incident Stress Management Association 2005 - Present

National Association of Social Workers 2003 - Present

National Association of Social Workers North Carolina Chapter 2003 - Present

Graduate Association of Social Workers 2001 - 2003

Phi Alpha National Social Work Honor Society: Chi Zeta Chapter 2002 - 2003

Awards, Recognitions & Notables:

Norton School of Family and Consumer Sciences Council of Alumni and Friends 2022 Professional Achievement Award, Announced August 2022, Awarded October 2022

East Carolina University 2022 Outstanding Alumni, Announced April 2022, Awarded October 2022

Quality Measure Development Initiative Provider, Superuser, and Presenter – American Psychiatric Association, January 2019 – September 2021

East Carolina University's College of Health and Human Performance's Outstanding Alumni Award 2019, Awarded April 2019

2019 NASW-NC Social Worker of the Year, Awarded March 2019

WNCT 9 on your Side and Southern Bank's Southern Star Recipient, June 26, 2018

- <https://www.wnct.com/southern-stars/jessica-holton-of-greenville-is-a-southern-star/1318397384>

Greenville Human Relations Council Organizational Award Nominee, February 24, 2018

Recognition of 2018 East Carolina University 40 Under 40 Leadership Award Recipient, Vice President of APNC, and 10-year anniversary in private practice - Daily Reflector Workweek, January 8, 2018.

2018 East Carolina University 40 Under 40 Leadership Award Recipient, Announced December 2017, Awarded on March 24, 2018

Featured as the New Critical Incident Stress Coordinator – Disaster Management International's Family Assistance Specialist – Our Link, Fall 2017 Issue

Founding Member of PTSD Clinicians Exchange, June 2017

2017 East Carolina University 40 Under 40 Leadership Award Nominee

The Shocking Truth behind Porn Addiction in the East – WNCT News Station, Aired on May 11, 2016

- <http://wnct.com/2016/05/11/the-shocking-truth-behind-porn-addiction-in-the-east/>

In Dependence Panel Expert – WNCT News Station, Aired on May 26, 27, 28, & 31, 2014

- <http://www.wnct.com/story/25506763/monday-at-6-in-dependence-a-roundtable-on-addiction>
- <http://www.naswnc.org/news/173950/Jessica-Holton-NASW-NC-President-on-In-Dependence-a- WNCT-Roundtable-on-Addiction.htm>
- <http://www.socialworkersspeak.org/media/news-items-may-23-2014.html>

Quoted in "Shouting Won't Help: Why I--and 50 Million Other Americans--Can't Hear You" By Katherine Bouton, Published in 2013

Accepted as a DSM-5 Field Trials Collaborating Investigator – American Psychiatric Association, December 8, 2011.

Featured in Women in Profile – Pitt County Women's Journal, Volume 3, Issue 10, April / March 2009.

Recognition of Appointment to serve as a member of the Alcohol, Tobacco and Other Drug (ATOD) Specialty Practice Section Committee of the National Association of Social Workers (NASW).- The North Carolina Social Worker Newsletter, XXXIII No. 1, February/March 2009.

Recognition of Appointment to serve as a member of the Alcohol, Tobacco and Other Drug (ATOD) Specialty Practice Section Committee of the National Association of Social Workers (NASW). - Daily Reflector Workweek, January 12, 2009.

Selected as 2007 Mixer's 30 Under 30 (Thirty of Pitt County's professionals under the age of 30) – Daily Reflector's Mixer Magazine, November 2007 Issue.

Recognition of Wilson Regional Resource Center for the Deaf and Hard of Hearing 2005 Community Service Award and becoming a Licensed Clinical Social Worker - Daily Reflector Workweek January 9, 2006

Heroes in the Fight 2005 Healthcare Professional Nominee – Coalition for Persons Disabled by Mental Illness Banquet, December 19, 2005

2005 Community Service Award - Wilson Regional Resource Center for the Deaf and Hard of Hearing's 13th Annual Community Awards Banquet, December 9, 2005.

Recognition of election to NC-NASW Board as Coastal Representative and earning Certified Clinical Addiction Specialist (CCAS) - Daily Reflector Workweek July 25, 2005

Award for Service to the Profession 2002 Outstanding Researcher – 5th Annual National Association for the Advancement of Educational Research Conference, Ponte Vedra, FL, December 5, 2002.

Current Licensures:

Arizona Licensed Clinical Social Worker

Obtained:

January 2021

Arizona Licensed Independent Substance Abuse Counselor	January 2021
North Carolina Licensed Clinical Social Worker	January 2006
North Carolina Licensed Clinical Addiction Specialist (LCAS) – <i>*Certification became Licensure</i>	September 2005
North Carolina Provisional (Associate) Licensed Clinical Social Worker	June 2003 – December 2005

Certifications:

Obtained:

LAMP Trainer	September 2018
Safe and Sound Protocol Administrator	June 2018
Mindfulness-Based Stress Reduction Program	May 2018
NASW-NC Certificate in Clinical Supervision	May 2011
<i>*Certified Clinical Addiction Specialist (CCAS)</i>	June 2005
Critical Incident Stress Management & Debriefing	February 2005
North Carolina Interventions	October 2003
American Heart and Lung Association CPR	November 2003
Graduate Certificate in Social Work Practice with Deaf and Hard of Hearing	May 2003
Smoking Cessation Certification	November 2000

Skills:

Languages: Primary Language is English; Fluent/Proficient in American Sign Language

Computer: Microsoft Office Applications, Excel, PowerPoint, SPSS 11.0, Internet Tools, Efficiently and effectively utilizing the Internet

Abilities: Organized, focused energy, analytical, eager to learn, substance use disorder treatment, trauma focused cognitive behavioral therapy, clinical psychotherapy (individual and group), clinical case management, research, crisis intervention, proficient in clinical documentation, team leader, problem solving, creative, research orientated, designing curriculums, creating presentations, public speaking skills, energetic.