

# Jessica Denise (*Hallman*) Holton, MSW, LCSW, LCAS

740 Greenville Blvd SE

Suite 400-208

Greenville, NC 27858

252-987-3039

[provider@jessicaholton.com](mailto:provider@jessicaholton.com)

<http://www.jessicaholton.com>

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## EDUCATION

### Master of Social Work

*East Carolina University*

August 2001 – May 2003

Greenville, NC

- Mental Health Specialization (*Direct Practice*)
- Social Work Practice with Deaf and Hard of Hearing Sub-Specialization & Certification
- Substance Abuse Treatment Certification Program
- Research Emphasis

### Bachelor of Science in Family Studies & Human Development

*University of Arizona*

August 1998 – December 2000

Tucson, AZ

- Dean's Honor List Spring 2000

### Associates of Arts in Liberal Arts and Sciences

*Pima Community College*

August 1996 – May 2000

Tucson, AZ

- Dean's Honor List (All semesters)
  - American Sign Language as Second Language

### General Studies

*Northland Pioneer College*

January 1994 – May 1996

Winslow, AZ

## PUBLICATIONS

### ***Professional Continuing Education Curriculum: Published***

Holton, J. (2017). Understanding the neuroscience of addiction to provide effective treatment. *PDH Academy Social Work Courses*. Six-hour Course #9641.

### ***Professional Newsletter Articles: Published***

Holton, J. (2017). Liabilities of clinical supervision: direct, indirect and strict. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Spring/Summer Issue.

Holton, J. (2016). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Spring/Summer Issue.

Holton, J. (2015). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Fall/Winter Issue.

Holton, J. (2015). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Summer Issue.

Holton, J. (2014). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Spring/Summer Issue.

Holton, J. (2014). From the president: "...Humility, clarity and courage." *The North Carolina Social Worker Newsletter*. XXXVIII-2, 2.

- Holton, J. (2014). From the president: Valuing & respecting our social work profession. *The North Carolina Social Worker Newsletter*. XXXVIII-1, 2.
- Holton, J. (2013). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Winter Issue.
- Holton, J. (2013). Eating: A source of nutrition or a means of control. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Winter Issue.
- Holton, J. (2013). From the president: We cannot give away what we do not have. *The North Carolina Social Worker Newsletter*. XXXVII-4, 2.
- Holton, J. (2013). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Fall Issue.
- Holton, J. (2013). From the president: Your NASW-NC board of directors' journey to social work. *The North Carolina Social Worker Newsletter*. XXXVII-3, 2.
- Holton, J. (2013). From the president: Political social work. *The North Carolina Social Worker Newsletter*. XXXVII-2, 2.
- Holton, J. (2013). From the president: Critical thinking skills and social work integrity. *The North Carolina Social Worker Newsletter*. XXXVII-1, 2.
- Holton, J. (2013). From the president: Give an hour and project odyssey. *The North Carolina Social Worker Newsletter*. XXXVI-6, 2.
- Holton, J. (2012). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Fall Issue.
- Holton, J. (2012). From the president: What do you do? *The North Carolina Social Worker Newsletter*. XXXVI-5, 2.
- Holton, J. (2012). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. Summer Issue.
- Holton, J. (2012). From the president: Continuing the journey. *The North Carolina Social Worker Newsletter*. XXXVI-4, 2.
- Holton, J. (2011). Letter from the chair. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. 1, 1.
- Holton, J. (2010). Becoming a licensed clinical addictions specialist (LCAS) in North Carolina. *The North Carolina Social Worker Newsletter*. XXXIII-5, 1, 10.
- Holton, J. (2010). NASW-NC: Get involved. *The North Carolina Social Worker Newsletter*. XXXIII-5, 6.
- Holton, J. (2010). Grief and loss: Numbing the pain through substance use. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. 1, 4-5.
- Holton, J. (2009). Deafness: Understanding the basics in order to provide effective treatment. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. 2, 7-10.
- Holton, J. (2009). Deafness: Understanding the basics in order to provide effective treatment. *National Association of Social Work's Alcohol, Tobacco, and Other Drugs Section Connection*. 1, \_-\_.

### **Magazine Articles: Published**

Holton, J. (2009). Eating: A source of nutrition or a means of control? *Eastern Carolina Parent: Where families find fun*, pp. 20-21.

### **Public Speaking & Presentation Abstracts: Submitted**

Holton, J. (October, 2005, Submitted). Communication barriers & addictions: Understanding negative and positive coping skills. 21st International Convention for Self-Help for Hard of Hearing of Hearing People (SHHH).

Holton, J. (May, 2005, Submitted). Deaf substance abusers: Understanding deaf culture in order to provide effective treatment. North Carolina Foundation for Alcohol and Drug Studies Winter School 2005.

Holton, J. (August, 2004, Submitted). Deaf substance abusers: Understanding deaf culture in order to provide effective treatment. Annual Fall Conference for National Association of Social Workers – North Carolina Fall Conference 2004.

Holton, J. (October, 2004, Submitted). Communication barriers and chemical dependency: Replacing negative coping skills with positive coping skills. 20<sup>th</sup> International Convention for Self-Help for Hard of Hearing of Hearing People (SHHH).

### **Journal Articles: Published**

Carpenter-Aeby, T., Anderson, K., Chamblee, W., Daly, D., Marshland, A., Hallman, J., Perez, J., Scheu, A. (2002). Bringing the classroom to the community: Students voice the passion and inspiration of service-learning. *Annals of the National Association for the Advancement of Educational.*

### **Journal Abstracts: Published**

Carpenter-Aeby, T., Hallman, J., Aeby, V. (2003). Teacher attitudes toward working conditions in rural counties. Proceeding for the 6<sup>th</sup> Annual Meeting of the Association for the Advancement of Educational Research.

Carpenter-Aeby, T., Anderson, K., Chamblee, W., Daly, D., Marshland, A., Hallman, J., Perez, J., Scheu, A. (2002). Bringing the classroom to the community: Students voice the passion and inspiration of service-learning. Proceeding for the 5<sup>th</sup> Annual Meeting of the Association for the Advancement of Educational Research.

Carpenter-Aeby, T., Anderson, K., Chamblee, W., Daly, D., Marshland, A., Hallman, J., Loftin, T., Perez, J., Scheu, A. (2003). Benefits of service-learning in social work practice: Reflections on Learn & Serve Projects. Council on Social Work Education 2003 Annual Program Meeting.

### **Journal Articles: Submitted**

Carpenter-Aeby, T., Anderson, K., Chamblee, W., Daly, D., Marshland, A., Hallman, J., Loftin, T., Perez, J., Scheu, A. (May, 2002, Submitted). Benefits of service-learning in social work practice: Reflections on Learn & Serve Projects. *Journal of Social Work Education.*

## **PROFESSIONAL EXPERIENCE**

### **Full-time Employment**

**Licensed Clinical Social Worker & President**  
*Jessica Holton, PLLC*

**January 2008 – Present**  
*Greenville, NC*

**Clinical Therapist**  
• **Outpatient Therapy Program Director**  
*Personalized Therapy, Inc.*

**July 2006 – January 2008**  
**January 2007 - December 2007**  
*Greenville, NC*

**Counselor / Licensed Clinical Addiction Specialist**

- *Walter B. Jones – Alcohol & Drug Addiction Treatment Center*
- *Deaf and Hard of Hearing Services*

**August 2003 – June 2006**  
*Greenville, NC*

**PROFESSIONAL EXPERIENCE**

***Contractual & Part-time Employment***

**Provider/Therapist**

*Camaraderie Foundation, Inc.- Counseling Program*

**October 2017 – Present**  
*Orlando, FL*

**Critical Stress Support Team Coordinator**

*Disaster Management International – Family Assistance Specialist Team*

**August 2017 – Present**  
*Little Rock, AK*

**Instructor/Speaker**

*Tennessee Association Alcohol, Drug & other Addiction Services (TAADAS)*

**June 2017 – Present**  
*Nashville, TN*

**Instructor/Speaker**

*North Carolina Foundation for Alcohol and Drug Studies (NCFADS)*

**November 2016 – Present**  
*Clayton, NC*

**Continuing Education Course Author**

*PDH Academy*

**June 2016 – Present**  
*Pewaukee, WI*

**Instructor/Speaker**

*Vyne (Formally CrossCountry Education)*

**February 2016 – September 2015**  
*Brentwood, TN*

**Clinical Instructor**

*East Carolina University's Communication Sciences & Disorders Department*

**January 2016 – January 2019**  
*Greenville, NC*

**Clinical Supervisor**

*Youth Villages*

**October 2015 – Present**  
*Durham, NC*

**Progressive Tinnitus Management Clinic Co-Facilitator**

*East Carolina University's Communication Sciences & Disorders Department*

**January 2015 – January 2019**  
*Greenville, NC*

**Independent Contractor**

*Courage Beyond through Centerstone*

**September 2014 – Present**  
*Columbus, IN*

**Independent Contractor**

*Give an Hour*

**October 2011 – Present**  
*Washington, D.C.*

**Independent Contractor**

*MHN Services*

**September 2011 – August 2012**  
*San Rafael, CA*

**Independent Practitioner**

*PORT Human Services*

**February 2008 – November 2009**  
*Greenville, NC*

**Adjunct Instructor**

*East Carolina University's College of Human Ecology's School of Social Work*

**August 2007 – May 2008**  
*Greenville, NC*

**School of Social Work Field Office Consultant**

*East Carolina University's College of Human Ecology's School of Social Work*

**March 2007 – June 2007**  
*Greenville, NC*

**Clinician / Group Facilitator**

*East Coast Counseling, Inc.*

**August 2005 – July 2007**  
*Greenville, NC*

**Research Assistant**  
*East Carolina University*  
**Student Research Assistant**  
*East Carolina University*

**June 2003 – August 2003**  
*Greenville, NC*  
**September 2001 - August 2002**  
*Greenville, NC*

## **PROFESSIONAL EXPERIENCE**

### ***Internships & Practicums***

**Master of Social Work Intern**  
*Walter B. Jones – Alcohol Drug Addiction Treatment Center*  
*Deaf and Hard of Hearing Services*

**August 2002 - May 2003**  
*Greenville, NC*

**Master of Social Work Intern**  
*Cherry Hospital - CYU*

**January 2002 - May 2002**  
*Goldsboro, NC*

**Southern Arizona Children's Consortium Intern**  
*CODAC Behavioral Health Services*

**August 1999 - May 2000**  
*Tucson, AZ*

## **PROFESSIONAL ACTIVITIES**

### ***Public Speaking, Lectures & Presentations***

Addiction Professionals of NC & NC Division of Aging and Adult Services  
2nd Annual Opioids and Aging Symposium

December 13, 2018

- Morning Plenary Presenter: *The Basic Neuroscience of Addiction: Debunking the "Choice" Myth*

Eastern AHEC

November 1, 2018

Annual Substance Abuse Services State of the Art Conference – Greenville, NC

- Co-presenter: *Military Veterans & Trauma: It May Not Be What You Think*

Pitt County Coalition on Substance Abuse (PCCSA)  
STOP 2.0 Series – Greenville, NC

September 20, 2018

- Panel Expert: *Provider*

Eastern AHEC

April 26, 2018

Adult Services Best Practices Conference – Greenville, NC

- Presenter - *The Basic Neuroscience of Addiction: Debunking the "Choice" Myth*

Addiction Professionals of North Carolina  
Annual Spring Conference – Asheville, NC

April 19, 2018

- Presenter – *Gatekeeping for the Profession: Upholding Clinical Supervisor Roles and Responsibilities*

North Carolina Foundation for Alcohol and Drug Studies (NCFADS)  
Winter School 2018 – Greensboro, NC

February 18 - 21, 2018

- Presenter – *Effective Clinical Supervision: Intentionally Utilizing Supervision- Specific Approaches, Models and Interventions*
- Presenter - *Tackling Avoidance: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*

Eastern Carolina Critical Incident Stress Management Association  
Annual General Membership Meeting – Williamston, NC

November 9, 2017

- Presenter/Associate Clinical Director – *Defusing, Delayed Stress Mitigation & Disaster Stress Management Guide*

East Carolina University's School of Social Work  
Social Work Lecture Series – Greenville, NC

November 8, 2017

- Presenter – *Therapeutic Group & Individual Sessions: Utilizing Effective Metaphors & Visual Aids*

- Navajo County Court Appointed Special Advocate October 25, 2017  
*October Court Team Meeting – Holbrook, AZ*
- Presenter – *Tackling Avoidance: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*
- Addiction Professionals of North Carolina October 20, 2017  
*Annual Fall Conference – Wrightsville Beach, NC*
- Presenter – *Compassion Fatigue: Proactive Approaches to Counter Physical, Emotional and Spiritual Depletion*
- National Association of Social Workers – North Carolina Chapter September 26, 2017  
*Continuing Education Program – via Recorded Webinar*
- Presenter - *The Basic Neuroscience of Addiction: Debunking the “Choice” Myth*
- Tennessee Association Alcohol, Drug & other Addiction Services (TAADAS) August 24-25, 2017  
*Regional Training – Chattanooga, TN*
- Presenter – *Why We Do What We Do: Merging Neuroscience and Theory into Practice*
- Tennessee Association Alcohol, Drug & other Addiction Services (TAADAS) August 10-11, 2017  
*Regional Training – Memphis, TN*
- Presenter – *Why We Do What We Do: Merging Neuroscience and Theory into Practice*
- East Carolina University June 5, 2017  
*Audiology Doctorial Students – Greenville, NC*
- Presenter – *Cognitive Behavioral Therapy Techniques & Tinnitus Treatment*
- Asthma Alliance of North Carolina May 24, 2017  
*2017 Asthma Summit – Burlington, NC*
- Presenter – *Compassion Fatigue: Proactive Approaches to Counter Physical, Emotional & Spiritual Depletion*
- Addiction Professionals of North Carolina April 20, 2017  
*Annual Spring Conference – Asheville, NC*
- Co-Presenter/Panel Member – *Provider Track*
- Vidant Health Center March 28, 2017  
*7th Annual Eastern Carolina Respiratory Conference– Greenville, NC*
- Presenter – *Discovering and Maintain the Balance between Clinical Care and Empathy*
- North Carolina Foundation for Alcohol and Drug Studies (NCFADS) February 20 - 22, 2017  
*Winter School 2017 – Greensboro, NC*
- Presenter – *Clinical Supervisor Roles & Responsibilities: Increasing Effective & Essential Gatekeeping Methods*
- East Carolina University’s School of Social Work January 6, 2017  
*Field Instruction Orientation – Greenville, NC*
- Presenter - *Gatekeepers of the Professions: Social Work Ethics, Liabilities, & Best Practices of Supervision*
- Vidant EAP December 12, 2016  
*Monthly Training – Greenville, NC*
- Presenter - *Compassion Fatigue: Proactive Approaches to Counter Physical, Emotional & Spiritual Depletion*
- Crisis Intervention Teams (CIT) September 22, 2016  
*Training – Greenville, NC*
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- Cross County Education August 24, 25 & 26, 2016  
*Presenter Test Tour (2 of 2) – Columbia, SC, Augusta, GA & Savannah, GA*
- Presenter – *Clinical Supervisor Roles & Responsibilities: Increasing Effective & Essential Gatekeeping Methods*
- Cross County Education August 10, 11 & 12, 2016  
*Presenter Test Tour (1 of 2) – Harrisburg, PA, Wilkes-Barre, PA & Feasterville Trevose, PA*
- Presenter – *Clinical Supervisor Roles & Responsibilities: Increasing Effective & Essential Gatekeeping Methods*

- Crisis Intervention Teams (CIT) July 21, 2016  
*Training – Greenville, NC*
- Presenter - *Sorting Through the Signs & Symptoms: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*
- Crisis Intervention Teams (CIT) May 26, 2016  
*Training – Greenville, NC*
- Presenter - *Sorting Through the Signs & Symptoms: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*
- National Association of Social Workers – North Carolina Chapter March 16, 2015  
*Continuing Education Program – via Recorded Webinar*
- Presenter - *Sorting Through the Signs & Symptoms: Understanding the Basic Neurobiology of Posttraumatic Stress Disorder*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center December 2, 2015  
*Professional Staffing – Greenville, NC* 10:00 a.m. & 1:00 p.m.
- Presenter – *“I Just Don’t Understand It [Transgender]”: Increasing Awareness and Acceptance of Differences*
- Addiction Professionals of North Carolina October 15, 2015  
*Annual Fall Conference – Wrightsville Beach, NC*
- Presenter – *Gatekeeping for the Profession: Upholding Clinical Supervisor Roles and Responsibilities*
- Crisis Intervention Teams (CIT) July 21, 2015  
*Training – Greenville, NC*
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- North Carolina Chapter of National Association of Social Workers May 20, 2015  
*Clinical Supervision Certificate Training – New Bern, NC*
- Presenter - *Dual Licensures: Understanding Related Disciplines’ Supervision Regulations*
- Vidant EAP May 25, 2015  
*Monthly Training – Greenville, NC*
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- National Association of Social Workers March 3, 2015  
*Specialty Practice Section (SPS) – via live Webinar*
- Presenter - *Using Practical Approaches: Stress Management for Professionals*
- Crisis Intervention Teams (CIT) January 27, 2015  
*Training – Greenville, NC*
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- Crisis Intervention Teams (CIT) December 2, 2014  
*Training – Greenville, NC*
- Presenter - *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- Addiction Professionals of North Carolina October 31, 2012  
*Annual Fall Conference – Wrightsville Beach, NC*
- Co-Presenter/Panel Member – *Impaired Professionals*
- Addiction Professionals of North Carolina October 30, 2012  
*Annual Fall Conference – Wrightsville Beach, NC*
- Presenter – *Sorting Through the Signs & Symptoms: Understanding Posttraumatic Stress Disorder*
- National Association of Social Workers October 28, 2014  
*Specialty Practice Section (SPS) – via live Webinar*
- Presenter - *Trying to Escape by Getting Trapped: Basic Neurobiology of Addiction*

Crisis Intervention Teams (CIT) <i>Training – Greenville, NC</i>	October 20, 2014
<ul style="list-style-type: none"> <li>• Presenter - <i>Sorting Through the Signs &amp; Symptoms: Understanding Posttraumatic Stress Disorder</i></li> </ul>	
Vidant EAP <i>Monthly Training – Greenville, NC</i>	July 15, 2014
<ul style="list-style-type: none"> <li>• Presenter - <i>Anxiety: Understanding &amp; Managing Inner Turmoil</i></li> </ul>	
Nash-Rocky Mount Schools <i>Destination Transformation Teaching and Learning Institute – Rocky Mount, NC</i>	June 16, 2014 AM & PM Sessions
<ul style="list-style-type: none"> <li>• Presenter – <i>Trying to Escape by Getting Trapped: Cutting &amp; Self-Harming Behaviors</i></li> </ul>	
Crisis Intervention Teams (CIT) <i>Training – Greenville, NC</i>	March 26, 2014
<ul style="list-style-type: none"> <li>• Presenter - <i>Sorting Through the Signs &amp; Symptoms: Understanding Posttraumatic Stress Disorder</i></li> </ul>	
NAMI of Pitt County <i>Monthly Meeting – Greenville, NC</i>	November 12, 2013
<ul style="list-style-type: none"> <li>• Presenter - <i>Sorting Through the Signs &amp; Symptoms: Understanding Posttraumatic Stress Disorder</i></li> </ul>	
Vidant EAP <i>Monthly Training – Greenville, NC</i>	July 15, 2013
<ul style="list-style-type: none"> <li>• Presenter - <i>Trying to Escape by Getting Trapped</i></li> </ul>	
North Carolina Chapter of National Association of Social Workers <i>Clinical Supervision Certificate Training – New Bern, NC</i>	June 24, 2013
<ul style="list-style-type: none"> <li>• Presenter - <i>Dual Licensures: Understanding Different Disciplines' Supervision Expectations</i></li> </ul>	
NAMI of Pitt County <i>Monthly Meeting – Greenville, NC</i>	May 14, 2013
<ul style="list-style-type: none"> <li>• Presenter – <i>Trying to Escape by Getting Trapped: Addiction and the Brain</i></li> </ul>	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers' Training – via live Webinar</i>	February 12, 2013
<ul style="list-style-type: none"> <li>• Presenter – <i>Empowerment: The Provider's Role</i></li> </ul>	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers' Training – via live Webinar</i>	January 8, 2013
<ul style="list-style-type: none"> <li>• Presenter - <i>Using Practical Approaches: Stress Management for Professionals</i></li> </ul>	
North Carolina Substance Abuse Professional Practice Board <i>Annual Meeting of the Profession – Greensboro, NC</i>	December 6, 2012
<ul style="list-style-type: none"> <li>• Presenter – <i>Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness</i></li> </ul>	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers' Training – via live Webinar</i>	November 13, 2012
<ul style="list-style-type: none"> <li>• Presenter - <i>Trying to Escape by Getting Trapped: Addiction and the Brain</i></li> </ul>	
Addiction Professionals of North Carolina <i>Annual Fall Conference – Carolina Beach, NC</i>	October 17, 2012
<ul style="list-style-type: none"> <li>• Presenter – <i>Addictions 101: Diagnosis and Treatment for Behavioral Health Professionals</i></li> </ul>	
Pitt County Department of Social Services <i>In-service Training – Greenville, NC</i>	June 15, 2012
<ul style="list-style-type: none"> <li>• Presenter – <i>Comprehensive Clinical Assessments</i></li> </ul>	
Wisconsin Chapter of National Association of Social Workers <i>Continuing Education Program – via live Teleconference</i>	May 3, 2012
<ul style="list-style-type: none"> <li>• Presenter - <i>Grief and Loss: Numbing the Pain Through Substance Abuse</i></li> </ul>	

Social Work Department at Vidant Hospital <i>Annual Social Work Month Training – Greenville, NC</i>	March 7, 2012
<ul style="list-style-type: none"> <li>• Presenter - <i>Maintaining Integrity While Providing Treatment to Individuals Experiencing Co-Occurring Disorders</i></li> </ul>	
Positive Beginnings Community Center, LLC <i>In-Service – Greenville, NC</i>	February 13, 2012
<ul style="list-style-type: none"> <li>• Presenter – <i>Treatment Issues Within Special Populations</i></li> </ul>	
North Carolina Substance Abuse Professional Practice Board <i>Annual Meeting of the Profession – Burlington, NC</i>	December 8, 2011
<ul style="list-style-type: none"> <li>• Presenter – <i>Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness</i></li> </ul>	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers’ Training – via live Webinar</i>	December 1, 2011
<ul style="list-style-type: none"> <li>• Presenter - <i>Sorting Through the Signs &amp; Symptoms: Understanding Posttraumatic Stress Disorder</i></li> </ul>	
North Carolina TASC Training Institute of Coastal Horizons Center <i>TASC Care Managers’ Training – via live Webinar</i>	September 29, 2011
<ul style="list-style-type: none"> <li>• Presenter - <i>Sorting Through the Signs &amp; Symptoms: Understanding Posttraumatic Stress Disorder</i></li> </ul>	
MHN Services <i>MHN Client Organization – Greenville, NC</i>	September 14, 2011
<ul style="list-style-type: none"> <li>• Contract Presenter - <i>Managing Stress</i></li> </ul>	
North Carolina Chapter of National Association of Social Workers <i>Charlotte/Mecklenburg Local Program Unit’s Meeting – Charlotte, NC</i>	September 10, 2011
<ul style="list-style-type: none"> <li>• Presenter - <i>Consulting Impaired &amp; Incompetent Colleagues: An Evades Ethical Obligation</i></li> </ul>	
North Carolina Chapter of National Association of Social Workers <i>Clinical Social Work Summer Institute – Wilmington, NC</i>	July 21, 2011
<ul style="list-style-type: none"> <li>• Presenter - <i>Trying to Escape by Getting Trapped: Avoiding Trauma with Maladaptive Coping Skills</i></li> </ul>	
Hearing Loss Association of America <i>Annual International Convention – Washington, D.C.</i>	June 18, 2011
<ul style="list-style-type: none"> <li>• Presenter – <i>Trying to Escape by Getting Trapped: Using Unhealthy Coping Skills to Grieve Hearing Loss</i></li> </ul>	
North Carolina Chapter of National Association of Social Workers <i>Clinical Supervision Certificate Training – Greenville, NC</i>	May 18, 2011
<ul style="list-style-type: none"> <li>• Presenter - <i>Dual Licensures: Understanding Different Disciplines’ Supervision Expectations</i></li> </ul>	
Addiction Professionals of North Carolina <i>Annual Spring Conference – Asheville, NC</i>	April 21, 2011
<ul style="list-style-type: none"> <li>• Presenter – <i>Comprehensive Awareness About Addiction &amp; Effective Treatment</i></li> </ul>	
Eastern AHEC <i>Annual Eastern Region Adult Services Best Practice Conference – Greenville, NC</i>	April 14, 2011
<ul style="list-style-type: none"> <li>• Presenter - <i>Maintaining Integrity While Providing Treatment to Individuals Experiencing Co-Occurring Disorders</i></li> </ul>	
North Carolina Chapter of National Association of Social Workers <i>Greenville Local Program Unit’s Social Work Month Event – Greenville, NC</i>	March 24, 2011
<ul style="list-style-type: none"> <li>• Presenter - <i>Consulting Impaired &amp; Incompetent Colleagues: An Evades Ethical Obligation</i></li> </ul>	
Arendell Parrott Academy <i>High School Freshman Health Class – Kinston, NC</i>	February 14, 2011
<ul style="list-style-type: none"> <li>• Presenter - <i>Trying to Escape by Getting Trapped: Using Maladaptive Coping Skills to Cope</i></li> </ul>	

- North Carolina Substance Abuse Professional Practice Board  
*Annual Meeting of the Profession – Durham, NC* December 9, 2010
- Presenter – *Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness*
- North Carolina Chapter of National Association of Social Workers  
*Annual Fall Conference – Asheville, NC* November 19, 2010
- Presenter - *Trying to Escape by Getting Trapped: Using Maladaptive Coping Skills to Cope*
- North Carolina Association of Alcoholic Residential Facilities  
*Annual Fall Conference – Burlington, NC* November 18, 2010
- Presenter – *Assessing the Assessor: Strengthening Assessing, Diagnosing, and Treatment Planning Skills*
- Substance Abuse Services State of the Art Conference (Eastern AHEC)  
*Annual Conference – Greenville, NC* November 3, 2010
- Presenter – *NCSAPPB Overview and Review (Certified Clinical Supervisor)*
- North Carolina Chapter of National Association of Social Workers  
*Greenville Local Program Unit's Monthly Meeting – Greenville, NC* September 16, 2010
- Presenter – *Trying to Escape by Getting Trapped: Using Drugs and Alcohol to Cope*
- North Carolina Foundation for Alcohol and Drug Studies (NCFADS)  
*Summer School – Wilmington, NC* July 27, 2010
- Co-Presenter – *NCSAPPB Overview and Review*
- Hearing Loss Association of America  
*Annual International Convention – Milwaukee, WI* June 19, 2010
- Presenter – *Trying to Escape by Getting Trapped: Using Drugs and Alcohol to Cope with Hearing Loss*
- Addiction Professionals of North Carolina  
*Annual Spring Conference – Asheville, NC* April 22, 2010
- Presenter – *Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness*
- North Carolina Substance Abuse Professional Practice Board  
*Annual Meeting of the Profession – Cary, NC* December 9, 2009
- Presenter – *Effective Group Work for Addiction Counselors*
- East Carolina University's College of Human Ecology's School of Social Work  
*Substance Abuse Treatment Course – Greenville, NC* December 1, 2009
- Presenter – *NCSAPPB Overview and Review*
- N.C. Foundation for Alcohol and Drug Studies  
*Summer School – Wilmington, NC* July 28, 2009
- Co-Presenter – *NCSAPPB Overview and Review*
- Psychotherapeutic Services  
*In-service – Greenville, NC* December 19, 2008
- Presenter – *Mental Health Disorders and Treatment Methods*
- Eastern AHEC  
*Annual Substance Abuse Services State of the Art Conference – Greenville, NC* November 20, 2008
- Presenter – *Client Empowerment*
- South Carolina Chapter of National Association of Social Workers  
*Annual Symposium – Myrtle Beach, SC* March 4-5, 2008
- Presenter – *Using Practical Approaches: Stress Relief for Clinicians and Clients*
  - Presenter - *Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness*
- North Carolina Chapter of National Association of Social Workers  
*Annual Fall Conference – Asheville, NC* November 17, 2007
- Presenter - *Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness*

- Personalized Therapy, Inc.'s  
*Employee Training (Required Evidenced-Based Training) – Greenville, NC* November 13, 2007
- Presenter – *Mental Health Disorders and Treatment Methods*
- Martin County Community Action, Inc. Head Start Program  
*Cluster “A” Skills Development Extravaganza (Eastern AHEC)* October 29, 2007
- Presenter – *Avoiding Stress & Burnout*
- Personalized Therapy, Inc.'s  
*Employee Training (Required Evidenced-Based Training) – Greenville, NC* September 26-27, 2007
- Presenter – *Mental Health Disorders and Treatment Methods*
- Eastern AHEC  
*Annual Eastern Region Adult Services Best Practice Conference - Greenville, NC* April 24, 2007
- Presenter – *Putting the Pieces Together: Understanding & Working with Deaf and Hard of Hearing Clients*
- East Carolina University's College of Human Ecology's School of Social Work  
*Fall Semester Groups Course – Greenville, NC* October 2, 2006
- Presenter - *Substance Abuse Treatment: Utilizing Therapeutic Metaphors and Visual Aids*
- Hearing Loss Association of America  
*(formally known as Self Help for Hard of Hearing of Hearing People)* July 1, 2006  
*Annual International Convention – Orlando, FL.*
- Presenter – *Communication Barriers and Chemical Dependency: Replacing Negative Coping Skills with Positive Coping Skills*
- North Carolina Chapter of National Association of Social Workers  
*Annual Clinical Institute – Wilmington, NC* June 5, 2006
- Presenter - *Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness*
- North Carolina Chapter of National Association of Social Worker  
*Greenville Local Program Unit's Monthly Meeting – Greenville, NC* April 20, 2006
- Co-Presenter - *Social Workers and Family Therapists: Helping Families and Building Better Communities Together*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center  
*Monthly New Employee Orientation – Greenville, NC* December 6, 2005
- Presenter – *Cultural Competencies*
- Hearing Loss Association  
*(formally known as Self Help for Hard of Hearing of Hearing People)* June 30, 2005  
*Annual International Convention – Washington, D.C.*
- Presenter – *Communication Barriers and Chemical Dependency: Replacing Negative Coping Skills with Positive Coping Skills*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center  
*Monthly New Employee Orientation – Greenville, NC* June 7, 2005
- Presenter – *Cultural Competencies*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center  
*Monthly New Employee Orientation – Greenville, NC* May 3, 2005
- Presenter – *Cultural Competencies*
- Walter B. Jones – Alcohol and Drug Abuse Treatment Center  
*Monthly New Employee Orientation – Greenville, NC* March 8, 2005
- Presenter – *Cultural Competencies*
- Northeastern Chapter of Marriage and Family Therapy  
*Local Meeting – Greenville, NC* February 11, 2005
- Presenter – *Deaf Substance Abusers: Understanding Deaf Culture in order to Provide Effective Treatment*

North Carolina Chapter of National Association of Social Worker's Local Program Unit <i>Monthly Meeting – Greenville, NC</i>	February 10, 2005
<ul style="list-style-type: none"> <li>• Presenter – <i>Treatment issues in special populations</i></li> </ul>	
Walter B. Jones – Alcohol and Drug Abuse Treatment Center <i>Monthly New Employee Orientation – Greenville, NC</i>	January 4, 2005
<ul style="list-style-type: none"> <li>• Presenter – <i>Cultural Competencies</i></li> </ul>	
North Carolina Chapter of National Association of Social Workers <i>Annual Fall Conference - Asheville, NC</i>	November 20, 2004
<ul style="list-style-type: none"> <li>• Presenter – <i>Deaf Substance Abusers: Understanding Deaf Culture to Provide Effective Treatment</i></li> </ul>	
Eastern North Carolina School for the Deaf <i>Fall 2004 Occupational Study Courses – Wilson, NC</i>	November 9, 2004
<ul style="list-style-type: none"> <li>• Presenter – <i>Self-Awareness: Understanding You and Developing Positive Coping Skills.</i></li> </ul>	
North Carolina Chapter of National Association of Social Worker <i>Greenville Local Program Unit's Monthly Meeting – Greenville, NC</i>	April 15, 2004
<ul style="list-style-type: none"> <li>• Presenter – <i>Providing Services to Deaf and Hard of Hearing Individuals</i></li> </ul>	
Walter B. Jones – Alcohol and Drug Abuse Treatment Center <i>Quarterly Professional Staffing – Greenville, NC</i>	April 14, 2004
<ul style="list-style-type: none"> <li>• Presenter – <i>Providing Services to Deaf and Hard of Hearing Individuals</i></li> </ul>	
North Carolina Regional Interagency Team (RIT) <i>Bi-Monthly Meeting – Wilson, NC</i>	March 30, 2004
<ul style="list-style-type: none"> <li>• Presenter - <i>Walter B. Jones – Alcohol and Drug Treatment Center's Deaf and Hard of Hearing Services</i></li> </ul>	
Association for the Advancement of Educational Research (AAER) <i>Annual Meeting - Ponte Vedra, FL</i>	December 2-6, 2003
<ul style="list-style-type: none"> <li>• Co-Presenter - <i>Teacher Attitudes Toward Working Conditions in Rural Counties</i></li> <li>• Co-Presenter - <i>Benefits to Service- Learning: The Journey Continues</i></li> </ul>	
Northampton Institute of Leadership Development <i>Monthly Meeting - Jackson, NC</i>	August 8, 2003
<ul style="list-style-type: none"> <li>• Co-Presenter - <i>Teacher Attitudes Toward Working Conditions in Northampton County</i></li> </ul>	
Association for the Advancement of Educational Research (AAER) <i>Annual Meeting - Ponte Vedra, FL</i>	December 3-7, 2002
<ul style="list-style-type: none"> <li>• Co-Presenter - <i>Bringing the Classroom to The Community: Students Voice the Passion and Inspiration of Service-Learning</i></li> </ul>	
<b>Professional Outreach:</b>	
East Carolina University School of Social Work Alumni and Friends – Greenville, NC	October 26, 2018
<ul style="list-style-type: none"> <li>• NASW-NC Member and ECU School of Social Work Alumna</li> </ul>	
PORT Health <i>APNC Regional Training – Winterville, NC</i>	November 7, 2017
<ul style="list-style-type: none"> <li>• Member At Large of APNC</li> </ul>	
College of Human Ecology School of Social Work <i>Bachelor of Social Work Association Meeting – Greenville, NC</i>	March 2, 2014
<ul style="list-style-type: none"> <li>• President of NASW-NC</li> </ul>	
College of Human Ecology School of Social Work <i>Orientation – Greenville, NC</i>	January 11, 2008
<ul style="list-style-type: none"> <li>• Secretary – NASW-NC</li> </ul>	

College of Human Ecology School of Social Work <i>Orientation – Greenville, NC</i>	August 22, 2007
<ul style="list-style-type: none"> <li>• Secretary – NASW-NC</li> </ul>	
College of Human Ecology School of Social Work <i>Orientation – Greenville, NC</i>	August 22, 2006
<ul style="list-style-type: none"> <li>• Coastal District Representative – NASW-NC</li> </ul>	
College of Human Ecology School of Social Work <i>Orientation – Greenville, NC</i>	August 23, 2005
<ul style="list-style-type: none"> <li>• Coastal District Representative – NASW-NC</li> </ul>	
Deaf-Blind Month Activity <i>Deaf-Blind Public Awareness Day – Goldsboro, NC</i>	June 21, 2005
<ul style="list-style-type: none"> <li>• Representative – WBJ – ADATC Deaf and Hard of Hearing Services</li> </ul>	
Eastern North Carolina School for the Deaf <i>Summer Institute Agency Day – “Poison Peanut Butter” Team-building activity</i>	June 17, 2005
<ul style="list-style-type: none"> <li>• Facilitator – WBJ – ADATC Deaf and Hard of Hearing Services</li> </ul>	
Eastern North Carolina School for the Deaf <i>Substance Abuse Prevention Outreach – “Anger, Assertiveness, Stressors”</i>	March 16, 2005
<ul style="list-style-type: none"> <li>• Instructor – WBJ – ADATC Deaf and Hard of Hearing Services</li> </ul>	
Eastern North Carolina School for the Deaf <i>Substance Abuse Prevention Outreach – “Self-esteem, Perceptions, Emotions”</i>	March 2, 2005
<ul style="list-style-type: none"> <li>• Instructor – WBJ – ADATC Deaf and Hard of Hearing Services</li> </ul>	
The 20 <sup>th</sup> Annual Substance Abuse Services State of the Art Conference <i>Annual Meeting – Greenville, NC</i>	November 17-18, 2004
<ul style="list-style-type: none"> <li>• Representative – WBJ – ADATC Deaf and Hard of Hearing Services</li> </ul>	
Eastern North Carolina School for the Deaf <i>Parent’s Day – Wilson, NC</i>	September 30, 2004
<ul style="list-style-type: none"> <li>• Representative – WBJ – ADATC Deaf and Hard of Hearing Services</li> </ul>	
Deaf Awareness Week’s Activity <i>Deaf Heritage Day – Greenville, NC</i>	September 19, 2004
<ul style="list-style-type: none"> <li>• Representative – WBJ – ADATC Deaf and Hard of Hearing Services</li> </ul>	
<b><i>Attended Conference(s) &amp; Training(s):</i></b>	
34th Annual Substance Abuse Services State of the Art Conference	November 1-2, 2018
Reconnect for Resilience	October 24-25, 2018
Addiction Professionals of North Carolina Fall Conference	October 17-19, 2018
LAMP Neurobiology of Trauma - Train the Trainer	September 13-14, 2018
Center for Deployment Psychology (Eight-hour Self-Study)	August 2018
<ul style="list-style-type: none"> <li>• Module 1: Self-Assessment and Intro to Military Ethos</li> <li>• Module 2: Military Organization and Roles</li> <li>• Module 3: Stressors and Resources</li> <li>• Module 4: Treatment Resources and Tools</li> </ul>	
29th Annual International Trauma Conference: Psychological Trauma: Neuroscience, Identity and the Transformation of the Self	May 31 – June 2, 2018

Addiction Professionals of North Carolina Spring Conference	April 18 - 20, 2018
North Carolina Chapter of NASW Social Work Ethics Conference	March 24, 2017
North Carolina Foundation for Alcohol and Drug Studies (NCFADS) – Winter School	February 18-21, 2018
DMI Family Assistance Specialist Training	January 11-12, 2018
33 <sup>rd</sup> Annual Substance Abuse Services State of the Art Conference	November 1-2, 2017
DMV Substance Abuse Evaluator Course	October 31, 2017
Addiction Professionals of North Carolina Fall Conference	October 18-20, 2017
ECCISMA Disaster Responder Support	May 5, 2017
ECCISMA Emergency Responder Stress Peer Support Training	May 3-4, 2017
Addiction Professionals of North Carolina Spring Conference	April 19-21, 2017
North Carolina Chapter of NASW Social Work Ethics Conference	March 24, 2017
North Carolina Foundation for Alcohol and Drug Studies (NCFADS) – Winter School	February 20-22, 2017
32 <sup>nd</sup> Annual Substance Abuse Services State of the Art Conference	November 2-3, 2016
North Carolina Chapter of NASW Social Work Ethics Conference	March 29, 2016
North Carolina Chapter of NASW Annual Fall Conference	November 19-21, 2015
31 <sup>st</sup> Annual Substance Abuse Services State of the Art Conference	November 4-5, 2015
DMV Substance Abuse Evaluator Course	November 3, 2015
Dementia: Behavioral Health Assessment and Interventions for Practitioners	October 5, 2015
North Carolina Chapter of NASW Clinical Institute	May 4-6, 2015
North Carolina Chapter of NASW Social Work Ethics Conference	March 6, 2015
30 <sup>th</sup> Annual Substance Abuse Services State of the Art Conference	November 5-6, 2014
North Carolina Chapter of NASW Annual Fall Conference	November 21-23, 2013
29 <sup>th</sup> Annual Substance Abuse Services State of the Art Conference	November 6-7, 2013
DMV Substance Abuse Evaluator Course	November 5, 2013
North Carolina Chapter of NASW & NC State Partnering to Help People Through Animal Loss	October 12, 2013
National Association of Social Workers' Annual Leadership Meeting	April 10-13, 2013
North Carolina Chapter of NASW Social Work Lobby Day	March 20, 2013
North Carolina Chapter of NASW Social Work Ethics Conference	March 1, 2013
American's Psychiatric Association's DSM-5 Trials in Routine Clinical Practice Settings	January 14, 2013
North Carolina Chapter of NASW Annual Fall Conference	November 15-17, 2012

Emergency Responder Stress Support: Advanced Training	November 8-9, 2012
28 <sup>th</sup> Annual Substance Abuse Services State of the Art Conference	November 7, 2012
Addiction Professionals of North Carolina Fall Conference	October 17-18, 2012
North Carolina Chapter of NASW Clinical Institute	July 17-19, 2012
National Association of Social Workers' Annual Leadership Meeting	April 11-14, 2012
North Carolina Chapter of NASW Social Work Ethics Conference	March 1, 2012
27 <sup>th</sup> Annual Substance Abuse Services State of the Art Conference	November 1-2, 2011
North Carolina Chapter of NASW Clinical Supervision Certificate Training	May 16-18, 2011
North Carolina Chapter of NASW Social Work Ethics Conference	March 4, 2011
North Carolina Chapter of NASW Annual Fall Conference	November 18 - 20, 2010
26 <sup>th</sup> Annual Substance Abuse Services State of the Art Conference	November 2-3, 2010
25 <sup>th</sup> Annual Substance Abuse Services State of the Art Conference	November 3-4, 2009
North Carolina Chapter of NASW Social Work Ethics Conference	March 5, 2009
24 <sup>th</sup> Annual Substance Abuse Services State of the Art Conference	November 20-21, 2008
Basic Critical Incident Stress Management / Debriefing Refresher Course	October 24, 2008
North Carolina Chapter of NASW Annual Fall Conference	November 15 - 17, 2007
Advanced Training Institute for Mental Health Professionals (Session Four) Evidence-Based Mental Health Training of Traumatized Children and Families	October 10, 2007
Advanced Training Institute for Mental Health Professionals (Session Three) Evidence-Based Mental Health Training of Traumatized Children and Families	May 21 - 22, 2007
Advanced Training Institute for Mental Health Professionals (Session Two) Evidence-Based Mental Health Training of Traumatized Children and Families	March 6 - 7, 2007
Trauma Focused Cognitive Behavioral Therapy Web Course (10 CEUs)	January 18, 2007
Advanced Training Institute for Mental Health Professionals (Session One) Evidence-Based Mental Health Training of Traumatized Children and Families	December 6 - 7, 2006
North Carolina Chapter of NASW Annual Fall Conference	November 16 - 18, 2006
22 <sup>nd</sup> Annual Substance Abuse Services State of the Art Conference	November 14 – 15, 2006
Intensive In-Home Services	August 10 – 11, 2006
North Carolina Chapter of NASW Clinical Institute	June 5-9, 2006
North Carolina Substance Abuse Professional Practice CPM Training	January 27 – 29, 2006
North Carolina Chapter of NASW Annual Fall Conference	November 17 - 19, 2005
The 21 <sup>st</sup> Annual Substance Abuse Services State of the Art Conference	November 15 – 16, 2005

Behavioral Health Response to Disaster Training	May 25 – 26, 2005
Basic Critical Incident Stress Management / Debriefing Course	February 10 – 11, 2005
North Carolina Chapter of NASW Annual Fall Conference	November 18 - 20, 2004
The 20 <sup>th</sup> Annual Substance Abuse Services State of the Art Conference	November 17 – 18, 2004
Association for the Advancement of Educational Research (AAER)	December 2 - 6, 2003
Substance Abuse Prevention Coalition	September 13, 2003
Criminal Profiling as a Career	January 18, 2003
Association for the Advancement of Educational Research (AAER)	December 3 - 7, 2002
North Carolina Deaf Blind Associates 18 <sup>th</sup> Conference <ul style="list-style-type: none"> <li>• Support Service Provider (SSP)</li> </ul>	June 27 - 30, 2002
Break Out VII: National Conference on Psychosocial Rehabilitation and Deafness	April 4 - 6, 2002
HIV/AIDS and the Deaf Community	March 8, 2002
32 <sup>nd</sup> Annual Speech Language and Hearing Symposium	February 22, 2002

### ***Service to the Profession:***

Addiction Professionals of North Carolina <ul style="list-style-type: none"> <li>• President</li> <li>• Executive Committee Member</li> <li>• Personnel Committee Member</li> </ul>	January 2020 – Present
National Association of Social Workers <ul style="list-style-type: none"> <li>• National Committee on Nominations &amp; Leadership Identification (NCNLI) – Region V Representative</li> <li>• NCNLI Chair (<i>July 2019 – June 2020</i>)</li> </ul>	July 2018 – June 2020
Addiction Professionals of North Carolina <ul style="list-style-type: none"> <li>• Vice President</li> <li>• Executive Committee Member</li> <li>• Personnel Committee Member</li> </ul>	January 2018 – December 2019
National Association of Social Workers <ul style="list-style-type: none"> <li>• National Committee on Nominations &amp; Leadership Identification (NCNLI) Alternate – Region V</li> </ul>	July 2017 – June 2018
Addiction Professionals of North Carolina <ul style="list-style-type: none"> <li>• Appointed as Chair of Professional Standards and Best Practices Committee</li> </ul>	February 2017 – Present
Addiction Professionals of North Carolina <ul style="list-style-type: none"> <li>• Member At Large</li> </ul>	January 2017 – December 2017
National Association of Social Workers - Specialty Practice Section Committee <ul style="list-style-type: none"> <li>• Reappointed as Committee Member of the Alcohol, Tobacco and Other Drug (ATOD) Committee</li> </ul>	September 2016 – June 30, 2018
North Carolina Substance Abuse Professional Practice Board of Directors <ul style="list-style-type: none"> <li>• Appointed to Ethics Committee</li> </ul>	December 2014 – June 2015
North Carolina Department of Motor Vehicles <ul style="list-style-type: none"> <li>• Substance Abuse Evaluator</li> </ul>	November 2013 – Present

National Association of Social Workers	May 2012 – December 2012
<ul style="list-style-type: none"> <li>Standards for Social Work Practice with Clients with Substance Use Disorders Work Group</li> </ul>	
North Carolina Substance Abuse Professional Practice Board of Directors	August 2011 – December 2014
<ul style="list-style-type: none"> <li>Appointed to Quality Assurance Committee</li> </ul>	
North Carolina Chapter of NASW Board of Directors	July 2011 – June 2018
<ul style="list-style-type: none"> <li>President (<i>July 1, 2012 – June 30, 2014</i>)</li> <li>President Elect (<i>July 1, 2011 – June 31, 2012</i>)</li> <li>Executive Committee Member (<i>July 1, 2011 – June 30, 2014</i>)</li> <li>NASW Delegate (<i>July 1, 2011 – June 30, 2018</i>)</li> </ul>	
North Carolina Substance Abuse Professional Practice Board of Directors	July 2010 – July 2014
<ul style="list-style-type: none"> <li>Appointed as Secretary by NCSAPPB's President</li> </ul>	
National Association of Social Workers - Specialty Practice Section Committee	July 2010 – August 2016
<ul style="list-style-type: none"> <li>Appointed as Chair of the Alcohol, Tobacco and Other Drug (ATOD) Committee by NASW's President</li> </ul>	
North Carolina Chapter of NASW Board of Directors	July 2010 – June 2011
<ul style="list-style-type: none"> <li>Coastal District Representative</li> </ul>	
Eastern Carolina Critical Incident Stress Management Association	January 2010 – Present
<ul style="list-style-type: none"> <li>Appointed as Assistant Clinical Director</li> <li>Board of Directors Member</li> </ul>	
Addiction Professionals of North Carolina (APNC)	December 2008 – December 2010
<ul style="list-style-type: none"> <li>Impaired Professionals Assistance Committee (IMPAC) Committee Member</li> </ul>	
National Association of Social Workers - Specialty Practice Section Committee	November 2008 – July 2016
<ul style="list-style-type: none"> <li>Appointed to the Alcohol, Tobacco and Other Drug (ATOD) Committee by NASW's President</li> </ul>	
North Carolina Substance Abuse Professional Practice Board of Directors	July 2007 – March 2011
<ul style="list-style-type: none"> <li>Appointed to Business and Operation's Committee</li> <li>Committee Secretary</li> </ul>	
North Carolina Substance Abuse Professional Practice Board of Directors	July 2007 – June 2015
<ul style="list-style-type: none"> <li>Appointed as NASW Deemed Status Board Member (<i>2007 – 2011</i>)</li> <li>Re-appointed as NASW Deemed Status Board Member (<i>2011 – 2015</i>)</li> </ul>	
North Carolina Chapter of NASW Board of Directors	November 2006 – June 2009
<ul style="list-style-type: none"> <li>Appointed as Secretary by NASW-NC President</li> <li>NASW-NC Executive Board Member</li> </ul>	
East Carolina University College of Human Ecology School of Social Work	August 2006 – Present
<ul style="list-style-type: none"> <li>External Field Instructor / Supervisor</li> </ul>	
North Carolina Substance Abuse Professional Practice Board	January 2006 – September 2008
<ul style="list-style-type: none"> <li>Case Presentation Method Evaluator</li> </ul>	
North Carolina Chapter of NASW Board's Continuing Education Committee	January 2006 – June 2010
<ul style="list-style-type: none"> <li>Chair</li> </ul>	
North Carolina Chapter of NASW Board's Policy Committee	January 2006 – June 2009
<ul style="list-style-type: none"> <li>Committee Member</li> </ul>	
Walter B. Jones – ADATC Worksite Wellness Committee	November 2005 – June 2006
<ul style="list-style-type: none"> <li>Committee Member</li> </ul>	

Pitt Local Management Entity Human Rights Committee	October 2005 – June 2007
<ul style="list-style-type: none"> <li>• Committee Member</li> </ul>	
North Carolina Department of Motor Vehicles	September 2005 – October 2011
<ul style="list-style-type: none"> <li>• Substance Abuse Evaluator</li> </ul>	
Greenville Local Program Unit of North Carolina Chapter of NASW	July 2005 – June 2012
<ul style="list-style-type: none"> <li>• Co-Chair</li> </ul>	
North Carolina's Chapter of NASW Board of Directors	July 2005 – November 2006
<ul style="list-style-type: none"> <li>• Coastal District Representative</li> </ul>	
Eastern Carolina Critical Incident Stress Management Association	February 2005 – Present
<ul style="list-style-type: none"> <li>• Lead Debriefing</li> <li>• Supporting Team Member</li> </ul>	
Walter B. Jones – ADATC Pilot Assessment Evaluator	October 2004 – June 2006
<ul style="list-style-type: none"> <li>• Implementation of various pilot assessment tools</li> <li>• Consultant regarding improvements</li> </ul>	
Walter B. Jones – ADATC New Employee Orientation Committee	October 2004 – December 2005
<ul style="list-style-type: none"> <li>• Committee Member</li> <li>• Lead Editor</li> <li>• Presenter</li> </ul>	
Walter B. Jones – ADATC Nursing Services Performance Improvement Team (Ad Hoc) Committee	May 2004 – June 2006
<ul style="list-style-type: none"> <li>• Committee Member</li> <li>• 2<sup>nd</sup> Editor</li> </ul>	
North Carolina Department of Health and Human Service's Regional Interagency Team (RIT) Committee	March 2004 – Present
<ul style="list-style-type: none"> <li>• Committee Member</li> </ul>	
Association for the Advancement of Educational Research Board	December 2002 – December 2004
<ul style="list-style-type: none"> <li>• Graduate Student Board Member</li> <li>• 6<sup>th</sup> Annual Conference Volunteer</li> <li>• 5<sup>th</sup> Annual Conference Volunteer</li> </ul>	

***Service to the Community:***

Tragedy Assistance Program for Survivors (TAPS) <i>Programs for Survivors Nation and Worldwide</i>	July 2018 – Present
<ul style="list-style-type: none"> <li>• Civilian Volunteer</li> <li>• White Shirt/Group Leader</li> </ul>	
Pitt County AIDS Service Organization <i>Financial Donations &amp; Event Volunteer</i>	October 2016 – Present
<ul style="list-style-type: none"> <li>• Community Member</li> </ul>	
Team Rubicon <i>Disaster Relief - National &amp; International</i>	October 2016 - Present
<ul style="list-style-type: none"> <li>• Registered Civilian Volunteer</li> </ul>	
Pet Loss & Grief Group <i>Support Group – Greenville, NC</i>	October 2016 - Present
<ul style="list-style-type: none"> <li>• Co-Founder</li> <li>• Monthly Group Facilitator</li> </ul>	

Pitt County Animal Services Temporary Disaster Shelter <i>Offering Disaster Stress Management/Relief to Staff and Volunteers</i>	October 18 -19, 2016
<ul style="list-style-type: none"> <li>• Mental Health Provider</li> </ul>	
Courage Beyond through Centerstone Give an Hour <i>Partnering with Wounded Warrior Project – Project Odyssey Retreats - Nationwide</i>	September 2014 – July 2018 August 2012 – September 2017
<ul style="list-style-type: none"> <li>• Mental Health Provider</li> </ul>	
Jessica Holton, PLLC - Provider <i>Offering Pro-bono psychotherapy services to uninsured and underinsured individuals</i>	January 2008 – Present
<ul style="list-style-type: none"> <li>• Clinical Social Worker</li> </ul>	
Jessica Holton, PLLC - Public Speaker <i>Public speaking at no cost to organizations with budget constraints</i>	January 2005 – Present
<ul style="list-style-type: none"> <li>• Clinical Social Worker</li> </ul>	

**Professional Affiliations:**

Addiction Professionals of North Carolina	2014 - Present
Eastern Carolina Critical Incident Stress Management Association	2005 - Present
National Association of Social Workers	2003 - Present
National Association of Social Workers North Carolina Chapter	2003 - Present
Graduate Association of Social Workers	2001 - 2003
Phi Alpha National Social Work Honor Society: Chi Zeta Chapter	2002 - 2003

**Awards, Recognitions & Notables:**

*East Carolina University's College of Health and Human Performance's Outstanding Alumni Award 2019, Awarded April 2019*

*2019 NASW-NC Social Worker of the Year, Awarded March 2019*

*WNCT 9 on your Side and Southern Bank's Southern Star Recipient, June 26, 2018*

- <https://www.wnct.com/southern-stars/jessica-holton-of-greenville-is-a-southern-star/1318397384>

*Greenville Human Relations Council Organizational Award Nominee, February 24, 2018*

*Recognition of 2018 East Carolina University 40 Under 40 Leadership Award Recipient, Vice President of APNC, and 10-year anniversary in private practice - Daily Reflector Workweek, January 8, 2018.*

*2018 East Carolina University 40 Under 40 Leadership Award Recipient, Announced December 2017, Awarded on March 24, 2018*

*Featured as the New Critical Incident Stress Coordinator – Disaster Management International's Family Assistance Specialist – Our Link, Fall 2017 Issue*

*2018 East Carolina University 40 Under 40 Leadership Award Nominee, October 2017*

*Founding Member of PTSD Clinicians Exchange, June 2017*

*National Association of Social Worker's Board of Directors - NCNLI Nominee, January 2017*

2017 East Carolina University 40 Under 40 Leadership Award Nominee, October 2016

Addictions Professionals of North Carolina Member-at-Large Nominee, August 2016

The Shocking Truth behind Porn Addiction in the East – WNCT News Station, Aired on May 11, 2016

- <http://wnct.com/2016/05/11/the-shocking-truth-behind-porn-addiction-in-the-east/>

National Association of Social Worker's Board of Directors - Region V Nominee, January 2016

In Dependence Panel Expert – WNCT News Station, Aired on May 26, 27, 28, & 31, 2014

- <http://www.wnct.com/story/25506763/monday-at-6-in-dependence-a-roundtable-on-addiction>
- <http://www.naswnc.org/news/173950/Jessica-Holton-NASW-NC-President-on-In-Dependence-a-Roundtable-on-Addiction.htm>
- <http://www.socialworkersspeak.org/media/news-items-may-23-2014.html>

Quoted in "Shouting Won't Help: Why I--and 50 Million Other Americans--Can't Hear You" By Katherine Bouton, Published in 2013

Accepted as a DSM-5 Field Trials Collaborating Investigator – American Psychiatric Association, December 8, 2011.

Featured in Women in Profile – Pitt County Women's Journal, Volume 3, Issue 10, April / March 2009.

Recognition of Appointment to serve as a member of the Alcohol, Tobacco and Other Drug (ATOD) Specialty Practice Section Committee of the National Association of Social Workers (NASW).- The North Carolina Social Worker Newsletter, XXXIII No. 1, February/March 2009.

Recognition of Appointment to serve as a member of the Alcohol, Tobacco and Other Drug (ATOD) Specialty Practice Section Committee of the National Association of Social Workers (NASW). - Daily Reflector Workweek, January 12, 2009.

Selected as 2007 Mixer's 30 Under 30 (Thirty of Pitt County's professionals under the age of 30) – Daily Reflector's Mixer Magazine, November 2007 Issue.

Recognition of Wilson Regional Resource Center for the Deaf and Hard of Hearing 2005 Community Service Award and becoming a Licensed Clinical Social Worker - Daily Reflector Workweek January 9, 2006

Heroes in the Fight 2005 Healthcare Professional Nominee – Coalition for Persons Disabled by Mental Illness Banquet, December 19, 2005

2005 Community Service Award - Wilson Regional Resource Center for the Deaf and Hard of Hearing's 13<sup>th</sup> Annual Community Awards Banquet, December 9, 2005.

Recognition of election to NC-NASW Board as Coastal Representative and earning Certified Clinical Addiction Specialist (CCAS) - Daily Reflector Workweek July 25, 2005

Award for Service to the Profession 2002 Outstanding Researcher – 5<sup>th</sup> Annual National Association for the Advancement of Educational Research Conference, Ponte Vedra, FL, December 5, 2002.

### **Current Licensures:**

Licensed Clinical Social Worker

Licensed Clinical Addiction Specialist (LCAS) – \*Certification became Licensure

Provisional (Associate) Licensed Clinical Social Worker

### **Obtained:**

January 2006

September 2005

June 2003 – December 2005

**Certifications:**

**Obtained:**

LAMP Trainer	September 2018
Safe and Sound Protocol Administrator	June 2018
Mindfulness-Based Stress Reduction Program	May 2018
NASW-NC Certificate in Clinical Supervision	May 2011
* <i>Certified Clinical Addiction Specialist (CCAS)</i>	June 2005
Critical Incident Stress Management & Debriefing	February 2005
North Carolina Interventions	October 2003
American Heart and Lung Association CPR	November 2003
Graduate Certificate in Social Work Practice with Deaf and Hard of Hearing	May 2003
Smoking Cessation Certification	November 2000

**Skills:**

**Languages:** Primary Language is English; Fluent/Proficient in American Sign Language

**Computer:** Microsoft Office Applications, Excel, PowerPoint, SPSS 11.0, Internet Tools, Efficiently and effectively utilizing the Internet

**Abilities:** Organized, focused energy, analytical, eager to learn, substance use disorder treatment, trauma focused cognitive behavioral therapy, clinical psychotherapy (individual and group), clinical case management, research, crisis intervention, proficient in clinical documentation, team leader, problem solving, creative, research orientated, designing curriculums, creating presentations, public speaking skills, energetic.

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