

# VIRTUAL PET GRIEF & LOSS SUPPORT GROUP



**Second Thursday of the Month**  
(unless otherwise noted)

Time: 7:15 p.m. to 8:30 p.m. (EST/EDT)  
4:15 p.m. to 5:30 p.m. (PDT) /  
5:15 p.m. to 6:30 p.m. (MST)

"Payment" to attend the virtual support group:  
A donation to the Humane Society of Eastern Carolina, the Pet Food Pantry of Eastern Carolina, OR your local Humane Society or Pet Food Pantry.

The group is appropriate for animal guardians, including foster parents, animal health professionals and volunteers, and other caregivers, who have experienced the following:

- Expected, Sudden, or Traumatic Death
- Chronic Illness Management
- Fatal Diagnosis
- Anticipatory Grief
- Runaway
- Rehoming
- Service Animal Retiring/Succession Planning



*A brief pre-screening is required prior to joining this virtual support group. RSVP is required to receive the virtual support group meeting link.*

*Please Contact: provider@jessicaholton.com*

*To comply with licensure laws, participants MUST be physically (feet on the ground) in North Carolina or Arizona during virtual support group sessions.*